

On the cover: Vice President of Nursing Deb Snyder is moved to tears during an appreciation motorcade organized by the local community to honor the healthcare heroes of Garnet Health Medical Center.



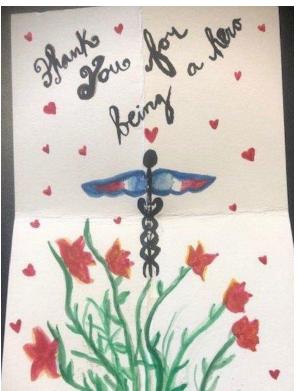












Garnet Health received an extraordinary amount of community support during the battle with COVID-19. From March to July Garnet received gifts such as cash to purchase personal protective equipment (PPE), PPE itself, pizzas, Girl Scout cookies, gourmet chocolates, and numerous hot meals. Each gift was appreciated for its fuel or protection during some very dark days. We regret if we missed recognizing any individual or business who so generously gave to us. It was our intention to capture all that came through our doors, but as you can see, it was as overwhelming as is our gratitude.

Thank you so much.



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Samantha Earl Environmental Services (EVS) Worker

Samantha is a member of the Environmental Services (EVS) float pool, which means she reports to the area of the hospital that needs her services the most.

"In April, I lost my grandmother to COVID-19 at a local nursing home. I held her hand while she died. I took some time off but returned to my work at the hospital knowing that I needed to do whatever I could to prevent further infection and loss," Samantha said. "The responsibility was never something I took lightly, and I was devoted to doing my part in maintaining a high standard."

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Melanie Pinto, RN Intensive Care Unit (ICU)

Melanie, a nurse in the hospital's ICU, was diagnosed with COVID-19 in the middle of March. She was recovering for most of April.

"It started with a loss of smell and taste, then the muscle aches came on. I still suffer from dull headaches and I wonder about the long-term effects," Melanie said. "I am truly grateful, though; the people we know are well or getting better."



Dedication Despite Distance

Paulette Rudy is the Foundation's trusted office volunteer. When COVID-19 hit and prevented hospital volunteers from working their hospital shifts, Paulette continued to update the Foundation database from home. We are so grateful to Paulette for her dedication and commitment.

Pictured here (pre-COVID) is Paulette, hospital Volunteer Services Manager Maureen Roche, and Susan Wilk, Paulette's sister and hospital Gift Shop volunteer.





Chairman's Corner

Jay Anthony

It is our sincere hope that the worst days of COVID-19 are well behind us.

Despite the possibility of a second surge of the virus this fall, I have never been more proud of our hospital family. Our nurses, technicians, physicians, environmental services, and food services employees - each and every one - played an important role in the 4-month battle with the coronavirus.

It was a test of the spirit and of our own health system. Together, as Garnet Health, we came together to share knowledge, resources, and talents to bring calm and confidence to the fight.

The toll was great. Two employees and countless staff family members were lost.

Many were saved and the stories of upwards of 80-day stays in the hospital with discharges to family were moving celebrations.

If living in our community has not demonstrated the importance of our hospital and our emergency service, I hope that COVID-19 has fully convinced you. I hope you will make every effort to participate in any way you can to support our soon-to-be-launched *Every Minute Counts* campaign to fund the expansion of our trauma and emergency medicine services.

It will be there for everyone in our community in good and bad times.

/ Jay Anthony Chair Shilpa Malik

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Gift Shop Reopens Thanks to Rachel Terracino

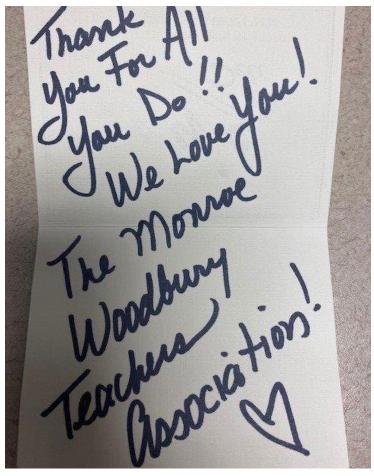
Who didn't miss the hospital's Gift Shop during the coronavirus pandemic?

The Gift Shop is a routine stop for many visitors and staff members, from those with a sweet tooth to those who are in search of a special gift. The Gift Shop's temporary closure didn't prevent many shoppers from requesting items be reserved for their purchase when the store reopened.

We're pleased to announce that the Gift Shop reopened in early July, and it's all because of the efforts of Gift Shop staffer Rachel Terracino. Rachel, a second-year SUNY Orange Biology major, came in several weeks prior to the opening and readied shelves for the anxious shoppers.

Rachel volunteered in the Gift Shop for two years and then joined last year as a part-time staffer. She is from a proud healthcare family. Her mom, Sherri, works in the Breast Center and her dad, Terry, works in Radiology. Her sister, Brooke, a former gift shop volunteer, is in a physician assistant training program, and her brother, Brandon, is striving to become a medical physicist and is a cancer researcher.

The Gift Shop is now open with protective plexiglass and social distancing markers for shoppers.







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Thank You For All You Do...

On behalf of the Medical Staff president and immediate past president, we want to thank the many members of our hospital teams for their response to this viral pandemic. Whether on the frontlines or in medical support, it took everyone's efforts, knowledge, and professionalism to combat this infectious process. I know many of the medical staff responded by volunteering to practice medically, not in their primary specialty or subspecialty, to help with staffing, meet the call of need, and take care of the patients in our communities. **We thank and commend each of you!**

We believe that Garnet Health and its hospital bases, Garnet Health Medical Center and Garnet Health Medical Center – Catskills, responded with extreme professionalism, appropriate decision-making, and timely medical processes in regard to this challenge. Many lives were saved while responding to the increased demands of local, state, and federal governments. We thank the hospital administrators and the executive team for giving us the processes, workflow protocols, and tools required to fight this devastating disease.

The overwhelming community support has been very welcome and greatly appreciated! It is something of which we can all be extremely proud. Thankfully, it appears things are looking brighter, but there remains much more work to do until our lives return to normal, or at least a "new normal."

Please remember this pandemic has side-tracked us from celebrating the weeks and days honoring our healthcare professionals, including Laboratory Professionals Week, Nurses Week, Administrative Professionals Day, Hospital Week, and, of course, Doctors Day!

Even so, we must all be acutely aware of how important they are in our healthcare system, in this crisis and every day. Please never hesitate to thank these professionals for the work they do in supporting us. We should all be very grateful to the organization for which we work. We should all be proud to be members of this medical staff!

So please take time to pat yourself on the back and remember to thank all those healthcare team members who continue to work hard and tirelessly under the exceptional conditions that have existed throughout this crisis.

Please remember: we and the medical staff office are here for whatever you may need. Do not hesitate to reach out. Stay safe and healthy. We wish you all the best as we go forward.

Again, thank you for all that you do every day for our patients.

All the best, Phillip Massengill, MD, FACS, President Nader Okby, MD, FCAP, Immediate Past President

Garnet Health Foundation Board of Trustees Gains New Leadership, Members

Throughout the COVID-19 outbreak, our Board of Trustees has been as active as ever.

"As we continue our move from Orange Regional Medical Center Foundation to Garnet Health Foundation, this year's Board elections come at a very exciting time for the hospital," said Garnet Health Foundation President Bill Dauster. The Garnet Health Foundation welcomes a new chairman, six new trustees, and two new officers.



The Foundation's new Board of Trustees chairman is Jay Anthony of Anthony Property Group. Jay, a long-time Sullivan County resident now residing in Orange County, has served as a member of the Foundation Board since 2011 in various officer roles and recently as Board Treasurer. As chair, Jay will lead the 26-member board with raising funds for the hospital and its campaign to expand its Emergency Department and trauma center later this year.

Others elected or re-elected to officer positions at the 2020 Annual Meeting include:

- Vice-Chair: Scott Kendrick of The Kendrick-Collesano
 Wealth Management Group of Merrill Lynch
- Treasurer: Jason Giordano, CPA, CVA, MST of Judelson, Giordano & Siegel, CPA, PC
- Secretary: Jake Kriney of JCA Hotels
- Member At Large: Patricia Sassi of The Sassi Team at RE/ MAX Benchmark Realty Group
- Member At Large: Tonia Crown, CPA of RBT, CPAs LLC
- Member At Large: Seamus Weir, Esq. of Catania, Mahon & Rider, PLLC
- Immediate Past Chair: Maggie Smith of First Federal Savings of Middletown

Our new trustees include:



J. Scott Bonacic of Bonacic & McMahon LLP, formerly served as an assistant district attorney in Orange County and as associate counsel to Senator Michael Balboni. He now practices in municipal law, land use, residential and commercial real estate, corporate law, and criminal defense.



Senta Curran, CFP® of Quest Financial Services, adheres to the belief, "Those who dare to teach, must never cease to learn." It is her intention to utilize this knowledge base to empower women through Women's Quest, a local symposium dedicated to investing in the success of women.



Todd Goldstein of The Misner Agency, Inc., joined Misner in 2013 as a commercial and personal lines producer. Prior to joining Misner, Todd held positions at AON and Liberty Mutual. Todd, born and raised in Sullivan County, has been a member of the Board of Directors for the Town of Wallkill Boys & Girls Club since 2014. Todd and his wife

currently reside in the Town of Montgomery.



David Apps of Lakeland Bank, has more than 40 years of banking and commercial lending experience. David was previously with TD Bank as vice president, relationship manager in the Hudson Valley, and was also vice president at Sterling National Bank. Prior to that, he was with The Royal Bank of Scotland as its managing director in

New York, and spent over 36 years on various assignments in London, Toronto, and Dallas. He graduated as an Associate of the Chartered Institute of Bankers in the UK and is currently a member of the Community Foundation of Orange and Sullivan counties. David resides with his family in Chester.



Kathryn Maloney of Orange Bank & Trust, has nearly 20 years of experience in trust and estate administration and wealth management. She worked with a wide variety of trust and estate clients at Hudson Valley Bank and the Bank of Millbrook. She is a member of the New York State Bankers Association Trust and Investment Division, Trust and

Estate Legislative Committee. Kathryn is a board member of the Cardinal Hayes Home School for Special Children and is a past member and president of Millbrook Rotary Club.



Dr. Walter Tonyes of Scotchtown Chiropractic & Physical Therapy,

has 16 years of clinical experience as a chiropractor. A native of Hauppauge, N.Y., he opened Scotchtown Chiropractic in 1996 and has since enjoyed treating thousands of patients. He has been involved in community organizations and coaches young athletics. In 1999

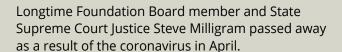
Walter added physical therapy to his practice. Strengthening and rehabilitation have always been important parts of his treatment protocols and physical therapy was an additional way for his patients to benefit. He is a member of the American Chiropractic Association, and has given many lectures to the community on health, nutrition, and ergonomics in the workplace. In 2013 he also joined the Biology Faculty at SUNY Orange as an adjunct professor.

These new trustees were nominated by the Foundation Board of Trustees and recently approved for 3-year terms by the Garnet Health System Board of Directors. Ann DiAgostino, RN was approved for another 3-year term as a trustee.

The Garnet Health Foundation and Board of Trustees would like to thank Michael Flynn and Catherine Suehnholz, trustees whose terms have expired this year, for their service these past few years. We are so grateful for all you have done and will continue to do for our community.



Steve Milligram



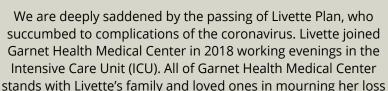
Steve, 66, of Monroe, was a partner at Catania, Mahon, Milligram & Rider (now Catania, Mahon & Rider) and served eight years as Monroe Town Justice. He was elected in November to the Supreme Court Justice seat for the Ninth Judicial District. Steve took office in January.

Steve was born in Yonkers and graduated from Pace University. He was a past president of the Orange County Bar Association, and was a respected medical malpractice defense lawyer when in private practice.

"Steve was a fierce advocate for our hospital and the philanthropy needed to support it," said Garnet Health Foundation President Bill Dauster. "As chair of our planning giving committee, he pushed for donors to do the proper estate planning to protect their families and to include charities as beneficiaries. He will be greatly missed."



In Memory of Livette Plan



and honoring her memory.

Our thanks to the individuals listed below and their families who so generously gave in remembrance of our hospital family member, Livette Plan.

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Foundation-Funded Programs

The following list represents the programs and services funded by the Garnet Health Foundation since January 2020. We are grateful to the donors who support the Century Club and our donor-designated programs:

AMOUNT	PROJECT FUNDED
\$500,000	Every Minute Counts campaign to expand and renovate the Emergency Department
\$250,000	Coronavirus Fund to support the hospital's purchase of PPE for staff
\$5,000	Patient Experience Fund for the purchase of clothing for patients
\$2,500	Cancer patient aesthetic supplies
\$2,000	Pastoral care supplies
\$2,000	Dr. Ronald Sherman Memorial Fund for Nursing Scholarship provided scholarships to two graduating Middletown High School students pursuing nursing at SUNY Orange
\$1,500	AED for Town of Wallkill Little League (below)
\$1,400	Newly diagnosed colorectal cancer educational booklets
\$1,300	Newly diagnosed oral, head, and neck cancer educational booklets
\$800	Newly diagnosed cancer patient psychological distress screening research project
\$800	Newly diagnosed breast cancer educational booklets
\$800	Newly diagnosed lung cancer educational booklets
\$700	Registration for two nurses to attend the virtual Sigma Theta Tau International Nursing Conference and present their research project
\$500	Keepsake impression kits for parents and families who lost an infant or child
\$300	Patient Experience Fund to fund pulmonary rehabilitation at-home services for patients
\$250	Art supplies for in-patient therapy cart
\$200	Patient Experience Fund to fund transportation for patients to be returned home
\$170	Diabetes in Children education books
\$100	No One Dies Alone program to insure that no patient is alone at their final moments
\$70	Patient Experience Fund to fund prescriptions for two patients on discharge

Town of Wallkill AED

The Foundation donated an AED (automated external defibrillator) to the Town of Wallkill Recreation Department. An AED is used to help those experiencing sudden cardiac arrest. "We are proud to help protect the players and their families while they finally get to play sports over the summer," said Garnet Health Foundation Chairman Jay Anthony.



In Memory of John Lara

John Lara, a technician in our Emergency Department, passed away as a result of coronavirus in June. He had three beautiful children, two sons ages 20 and 5, and a daughter age 17. On day one of his interview, it was evident that John would bring much joy to the Emergency Department. From that point forward, John brought sunshine to all he touched. John had a way of lighting up the ED when he came to work. He always demonstrated teamwork, had a big personality, was always prepared with a witty comment or two, had a big smile, and loved what he did. His love for his job showed through the compassionate care he provided to his patients each and every day.

He always said that laughter was the best medicine and would bring that humor to his patients and colleagues. In speaking to John he would talk about his family, his passion for cooking, fishing, and adventures that he had with his children. According to John's sister, Elizabeth, John loved Garnet Health Medical Center and felt that this was his family.

"He made a big impression in a short time as a part of our team," said hospital Emergency Services Director Robin Brennan, RN, MSN.

This list is reflective of gifts given in John Lara's memory. It was the wish of John's family that the sum of the gifts was shared among his three children, Christopher, Catalina, and Nicholas.

Michael Abbatiello Dave Abeijon Ioanne Ahn David L. Ainbinder, D.D.S. Rev Alam Justin Alvis Marcolino Andalis Angel Angeles, R.N. John Anthony, Jr. Olivia Antonelli Zaid Ashai Lola Babcock Heather Baringer Janine Basile Silenny Basora William J. Bassett, Ed.D Scott Batulis Angel Beebe Mari Bel Gene Bernieri Caitlin Biggar Lisa M. Blatz Sarah Bodi Mary J. Bodner Rachel Boehler Stephanie Bonanno, R.N. Melinda Borelli Terri Bostock Shannon Boyle Adisa Brajanovic Patricia Bracken-Borchert William J. Bratton, Jr. Jennifer Breitenfeld Robin Brennan Cindy Brooks Antonina Bruno Regina Bueno Adrienne Burney Kayla Butler

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Cody Flood Elizabeth Flood Karen Flood Kristin Flood Brittani Fonseca Alexandra Francis Noah Futterman lodi Galaydick Marisa Galella Karen Garach Steven Garrido Lenora Gennarelli Paige Gennarelli Blessit George-Varghese Julie Giglio Aamir Gilani Henry Gitner Debbie Glebocki Amanda Goldstein Todd Goldstein Teena Gonzalez Anthony Gorlachov Heather Grisales Aldrin Guerrero **Anthony Gutter** Maureen A. Halahan Scott Hamel Chase Hamilton Dawn Hammer Mena Hanna Michele Harfield Bridget Harkin Noreen Healy Sarah Henry Glynis Herrmann Henry Hess Histology Lab Emily Horan Perez Hudson Valley Investment Advisors, Inc. Bryanna Hurban

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Michael Lorenzo

Jennifer Losardo

Joseph Loughlin

Christine MacKay

Samantha Maddox

Clarissa Maldonado Debra Manfredi Iune Maniaci Cheryl Marando Natasha Marie Patricia Marley Sarah Marley-Ruggiero Kathy Martinez Robin Masiero Tammy Mathews Elio Mayo Latisse Mays-Stovall Maryann McConnell Linda McDonald Anne McEnroe-O'Connor Gordon Mcleary Catherine Miller Lorraine Miller Carol L. Mills Diane Missailidis Kay Mm Dianne & Kevin Moore Kerin Mora Janey Mucci Harriette Muir Pamela J. Murphy, M.D. Matt Napolitano Gail Nastasi Ann-Marie Neville Kelly Ng Israel Niezen Margaret Nolan-Bran Emaus Nunz Joanne O'Brien Olanrewaju Olukitibi, M.D. Mary Omara Orange Regional Medical Center Executive Team Liana Ortiz James E. Oxley, D.O., FACEP Gertrude Parks

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Gratitude from the Lara Family

Dear Orange Regional Team:

My mom tells me that as adults we spend a quarter of our lives at work. This made my dad's (Mr. John Lara's) coworkers his second family, especially during the time he was not with us. My dad was super proud to be a part of your hospital's team. Working at your hospital changed his life for the better. At the beginning of this pandemic, I was truly scared for my dad, but the hero I know he is and all of you grew to know went to war against COVID-19. Even with him now as my guardian angel and watching over all of us, I'm certain he's even prouder to have been a part of your hospital team with all the support and love your Emergency Department provided my mom, my sister, brother, grandparents, Aunt Lizzy, and me.

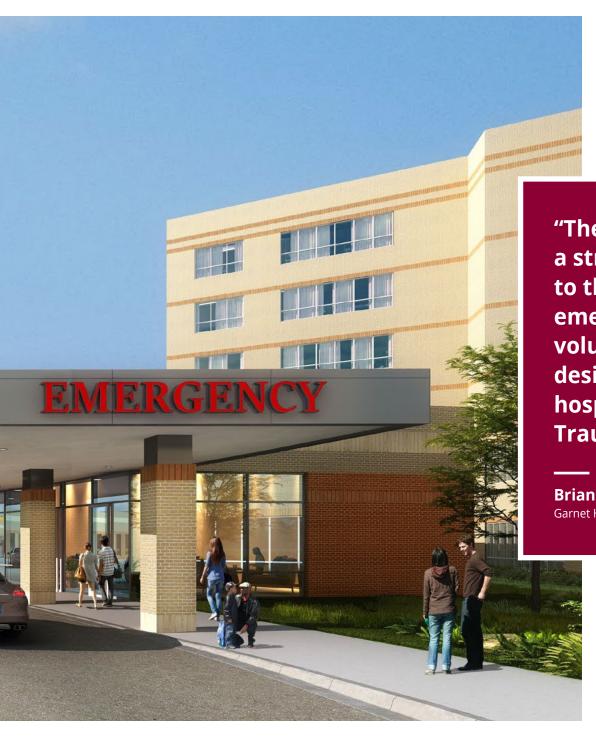
I truly thank you for the very generous donation your hospital and staff has coordinated and contributed to on behalf of our family. Even though my mom says it's for college, someday I hope to join the frontline workers. I'm grateful for the frontline workers who continue to fight COVID-19 and all the illnesses that may come our way.

We are grateful, and I hope to meet you and my dad's friends in the future.

Sincerely, Nicholas D. Lara-Ross (The son of the late John Lara)



From Design to Construction: ED Expansion Project Moves Forward



"The entire project is a strategic response to the rise in emergency patient volume and the designation of the hospital as a Level II Trauma Center."

Brian TewGarnet Health Medical Center CEO



The expansion program of Garnet Health Medical Center's Emergency Department has begun.

The major expansion will double the size of the Emergency Department both in square footage and capacity, and incorporate valuable knowledge gained from the COVID-19 experience. The first phase will include ground work and the relocation of the helipad, as well as ground parking in preparation for the construction of a 600-car parking garage. The project began in mid-July.

"The entire project is a strategic response to the rise in emergency patient volume and the designation of the hospital as a Level II Trauma Center," said Garnet Health Medical Center CEO Brian Tew. "The ED is often the front door of our hospital for many

of our patients; we need it to be safe, comfortable, and dignified for patients, and offer a state-of-the-art care environment for the care professionals who work there."

The Garnet Health Medical Center Emergency Department saw the most patients during the COVID-19 surge, which forced administrators to redesign the hospital into "one big intensive care unit."

"COVID-19 delayed us just a bit," said Vice President of Real Estate Development and Facilities Management Sam Paglianite. "Our two large treatment tents had to first come down and our new COVID-19 patient numbers had to reach a comfortable level to be able to treat these patients safely within our existing facility."

Paglianite said that the design now includes a Mass Casualty Treatment Area, which will allow staff to treat patients safely inside the facility and avoid the need to erect the large treatment tents used during the height of the COVID-19 surge.

The project also includes expansion into the parking lot outside the existing Emergency Department for much of the new treatment areas as well as construction of the parking garage at the site of the existing helipad. The garage will be for doctors and employees only, and will provide a skyway walk into the hospital. The current 45-bed count will increase to 97, and add six trauma rooms, as well as a dedicated laboratory and pharmacy.



In support of the construction program, the Foundation will be launching a \$7 million *Every Minute Counts* campaign, which will provide a variety of levels for naming opportunities including treatment bays, an outdoor garden, diagnostic area, helipad, and the Mass Casualty Treatment Area.

The campaign theme is derived from the medical knowledge that from the moment a person starts to experience stroke symptoms, the clock starts ticking. Every minute that passes can make a difference in how well their brain, arms, legs, speech, or thinking ability recover.

For more information on how you can support this important regional project, please call Bill Dauster at the Foundation Office at 845-333-2333.



Why Every Minute Counts & Why Your Support Is Needed

The success of emergency medical treatment often depends on how quickly a patient can get to a high-quality emergency department. Often, patients are in need of emergent, cardiac-related services. Garnet Health Medical Center has a sophisticated and growing cardiac program that treats a wide range of patients. Special thanks to Stroke Coordinator Suzanne Geraci BSN, RN, for the following statistics:

- 87%: The percentage of stroke victims whose symptoms are caused by clots blocking blood vessels in the brain, making them potential candidates for clot-busting therapy if they get to the hospital in time
- 9-1-1: The number that people should call immediately after they or someone near them begins to experience symptoms of stroke, so that the patient can get to a stroke center hospital as soon as possible
- 4.5: The maximum number of hours that can pass between the start of stroke symptoms and the start of clot-dissolving treatment (called tPA)
- 2 million: The approximate number of brain cells (neurons) lost for each minute delay in restoring blood flow after a stroke
- Under 60 minutes: The treatment goal in starting clot-dissolving treatment (called tPA) for those suffering a stroke
- 6: The number of letters in the phrase "BE FAST," an easy way to remember the sudden signs of a stroke:
 - > **B** stands for off balance and **E** for eye vision lost.
 - > **F**ace drooping: Does one side of the face droop or is it numb?
 - > Arm weakness: Is one arm weak or numb?
 - > **S**peech difficulty: Is speech slurred, are you unable to speak, or are you hard to understand?
 - > **T**ime to call 9-1-1: If you have any of these symptoms, even if the symptoms go away, call 9-1-1 and get to the hospital immediately.
- 24/7: The hours in a day when hospitals of all kinds should be ready to handle the arrival of a stroke victim, no matter what level of stroke care the hospital can provide



Transforming Emergency Care



Staff Updates

Brynne Growney



Brynne Growney is Garnet Health Foundation's summer intern for 2020. Brynne, a Cornwall resident, is a rising senior at Drew University in Madison, N.J., where she is majoring in Psychology with a minor in Business and a graduate certificate in Conflict Resolution and Leadership.

Before coming to Garnet Health, she interned with The Angeletti Group, a non-profit consulting agency out of New Vernon, N.J. Brynne has a passion for helping people and hopes to either stay in the nonprofit or mediation industry after she graduates in

May of 2021. In her spare time, Brynne regularly volunteers at Shepherd's Kitchen in Newburgh as well as other organizations such as the ASPCA and Food Bank of the Hudson Valley.

Deanna Schultz



Deanna Schultz joined Garnet Health Medical Center - Catskills (GHMC-C) as an executive assistant and staff to the Garnet Health Foundation Catskills Board of Trustees in December 2019.

Deanna previously served as an executive project manager to the CEO and as staff to the Board of Directors at the Center for Discovery, a health and human services agency for children and adults located in Harris, N.Y.

Prior to joining Garnet Health, Deanna took a leave from the workplace to provide independent care for an aging parent, allowing her firsthand patient and family experience within the GHMC-C family.

"I am proud to be a part of a healthcare organization which continually provides the most compassionate care and healing environment for our community," said Deanna.

Deanna attended Sullivan County Community College, where she had an opportunity to study abroad in Toyama, Japan and earned a degree in Business Administration. She is a Sullivan County native, and she currently resides in Cochecton, N.Y. with her husband, Thomas.



Garnet Health

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Gratitude is published by the Garnet Health Foundation for the donors of Garnet Health Medical Center.

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