

◆ Garnet Health.

Gems

Exceptional
Lives Here.

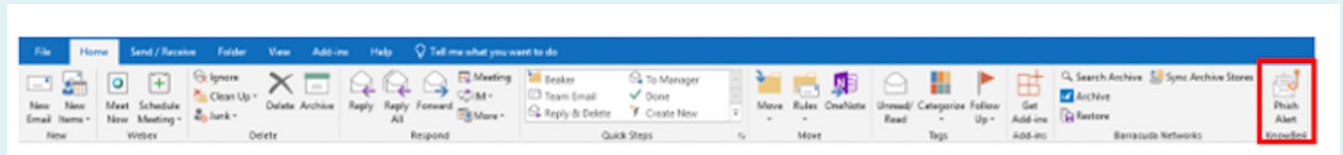


DRIVING TO BETTER CARDIAC REHAB

*Garnet Health Foundation – Catskills 43rd Annual Golf
Tournament to benefit Sullivan County cardiac patients*

Everyone is Responsible for IT Security

Now it's easier than ever to alert IT about phishing attacks! There is a NEW Phish Alert button available in Outlook on your OFFICE desktop. The button, an envelope icon with an orange "fishhook," is in your Outlook tool ribbon at the top of your email screen (see red outline in the image below). When you click the button to report suspected phishing, a pop-up box will appear asking you to confirm your action.



The button is NOT available for the Outlook Web Application. If you are logged into the Web Application, you need to continue to send suspicious emails to spam@garnethealth.org.

Security is everyone's responsibility! If you have questions about the Phish Alert button, email Jacquie Budakowski at jbudakowski@garnethealth.org.

Quality Corner

In January 2022, Garnet Health Medical Center began participating in the American College of Surgeons National Surgical Quality Improvement Program (NSQIP). This nationally validated, risk-adjusted, outcomes-based approach was created to measure and improve the quality of surgical care. GHMC surgery patients will be monitored for 30 days, and their outcomes will be compared to and benchmarked against outcomes at similar hospitals.

Kathy Flessa MSN-Ed, RN CNOR is our NSQIP Coordinator and Clinical Nurse Reviewer. A longtime staff member of 39 years, Kathy has served as a staff nurse in a variety of departments as well as Clinical Coordinator for the Operating Room and Perioperative Educator.

Dr. Robert Lincer, MD, MBA, FACS, Program Director, General Surgery Residency Program Director of Surgical Services is our Surgeon Champion for the NSQIP program.

NSQIP participating hospitals benefit from access to powerful tools and a proven process to assess and improve their surgical quality; by sharing what they have learned with other participants; and by building on the lessons learned. They also have a significant opportunity to reduce costs and improve profit margins by reducing complications. If you have any questions about the program, please contact Kathy Flessa at kflessa@garnethealth.org.

43rd Annual Golf Classic to Support Garnet Health Medical Center-Catskills' Cardiac Rehabilitation Program

The 43rd Annual Golf Classic will take place Wednesday, July 13, 2022, at the Villa Roma Resort, Callicoon, NY, and all proceeds raised will benefit the expansion of the Cardiac Rehabilitation Program at Garnet Health Medical Center – Catskills. This clinically supervised program is designed to improve a patient's overall cardiovascular health after a serious cardiac episode. Patients receive comprehensive, personalized care to help them recover, regain strength and mobility, reduce risk factors for future heart problems and ultimately restore quality of life.

After coronary intervention such as stenting or open-heart surgery, patients often find themselves struggling physically and emotionally to return to their pre-diagnosis day-to-day activities. Cardiac Rehab is a program designed to medically supervise patients while they recover, combining customized cardiologist-prescribed exercise with diet and nutrition counseling, disease-specific education, and psychosocial support.

GHMC-Catskills' Cardiac Rehab team will use funds raised from this year's tournament to purchase state-of-the-art exercise equipment to support patients on their road to recovery. Sullivan County residents can recover from open heart surgery, or other cardiac procedures, close to home, eliminating the need to travel for this service. Cardiac rehabilitation is critical in facilitating the healing of mind, body and soul after a patient suffers a serious cardiac episode.



Pictured on the cover: Cardiac Rehabilitation staff members Laurie Brockner, RN (left) and David Klussman, RN (right)



To learn more about the event or to donate, please contact the Foundation Office at 845-333-8962 or visit garnethealth.org/giving.

And the Survey Says...

Gallup Spring 2022 Pulse Survey Results

Here is the summary of the organizational results from our recent Gallup Pulse survey:

- **Response rate:** 61%
- **Garnet Health System**
Grand Mean*: 3.89 (out of 5)
- **Garnet Health ranks in the 47th percentile** of Gallup's entire database**
- **48% of our employees are Actively Engaged**
- **39% of our employees are Not Engaged**
- **13% of our employees are Actively Disengaged**
- **Garnet Health Medical Center**
Grand Mean*: 3.99 (out of 5)
- **Garnet Health Medical Center – Catskills**
Grand Mean*: 3.85 (out of 5)
- **Garnet Health Doctors**
Grand Mean*: 4.01 (out of 5)

Employees can access the detailed results on the Intranet by visiting the Organizational Development & Learning home page and clicking on Gallup Employee Engagement folder. The System Results folder can be found there. For more information about your department Gallup Spring Pulse Survey results, please see your leader.

*The Grand Mean measures overall Workgroup Engagement, which is an average of the 12 survey statements (Q01-Q12). The higher the score (maximum score of 5), the more engaged your fellow employees are.

**Percentile score of 47 indicates that Garnet Health's engagement is as good as, or better than, 47% of the other healthcare organizations who take the Gallup Survey.

CONGRATULATIONS TO GHMC-C EMERGENCY DEPARTMENT!

Garnet Health Medical Center – Catskills' Emergency Department (ED) has been recognized by the American College of Emergency Physicians (ACEP) Emergency Quality Network (E-QUAL) Honor Roll, which honors health systems for significant achievement in stroke care or opioid use disorder treatment during the pandemic.

The 2021 Honor Roll awardees were acknowledged for their achievements as top performers or most improved in metrics associated with opioid-related treatment or stroke care. GHMC – C made the Opioid Initiatives Honor Roll, which evaluates metrics including treatment prescribed at discharge, treatment administered in the emergency department and take-home naloxone offered or prescribed.

GHMC – C is a leading member of the Sullivan County Opioid Task Force, which comprises various community agencies who meet regularly to share progress and identify areas of need. The group has been working to increase medication-assisted treatment (MAT) and to remove the stigma associated with treatment that uses medication and behavioral therapies to treat substance use disorders.

Thank you to all who made this recognition possible and for the work you do to help our community!

BEE AWARDS



GHMC-C May Employee of the Month is Mariann Bury, Central Supply Tech, Sterile Processing

Congratulations to Mariann Bury for being selected as May Employee of the Month. The Sterile Processing Department (SPD) has been short-staffed, and Mariann has been “flying solo” on the day shift over the past six months. She has gone above and beyond to keep the department running without a hiccup during this time, and without uttering one complaint!

Mariann has stepped up her pace without sacrificing the quality of her work and continues to wear a smile regardless of the tireless challenges ahead of her every day. There have been no delays in surgery or care over the course of this challenging time for the SPD and this is attributed directly to the efforts, dedication, loyalty, and devotion of our Super SPD Technician, Mariann Bury. We are incredibly humbled and blessed to have Mariann on the SPD Team!



Mariann, thank you for all you do and for your dedication to quality patient safety and care!



GHMC May Employee of the Month is Prame Singh, Guest Services Associate

Garnet Health Medical Center has selected Prame Singh, Guest Services Associate, as its May Employee of the Month. Prame is known by colleagues for going out of his way every day to help and comfort those visiting the hospital. His nominator said that he, “puts a human touch of kindness and empathy into his job and into our facility.”

On May 15, 2022, Prame went above and beyond his normal call of duty. After realizing that one of our elderly volunteers had not shown up for her morning shift and had not alerted anyone she would not be in that day, Prame took it upon himself to call her. When she answered, he realized her speech was slurred and immediately called 911. She was quickly brought safely to the ED. Prame’s heroic actions were life-saving that day thanks to his critical thinking and overall care and concern.



Thank you, Prame, for all that you do! We appreciate you!

The Employee of the Month program is also known as the Being Exceptional Every day (BEE) Award—and Being Exceptional Every day takes dedication, loyalty and commitment. To nominate an employee, physician, volunteer or team/department, visit the intranet page, scroll down and click on the BEE Award icon.

Garnet Health Residents Present Research at National Conferences



Pictured left to right: Dr. Javid Afghani, Dr. Michael Mascola, Dr. Kelly Ng, Dr. Nicholas Maenza

Ten residents recently presented their case studies and research at the prestigious 2022 American College of Osteopathic Emergency Physicians (ACOEP) National Conference in Fort Lauderdale, FL, and the 2022 American Academy of Emergency Medicine (AAEM) National Conference in Baltimore, MD.

Emergency Medicine residents Dr. Nick Maenza, Dr. Ernst Fattakhov, Dr. Michael Mascola, Dr. Ash Mangasarian, Dr. Sahil Sharma, Dr. Punik Shah, Dr. Javid Afghani, and Dr. Kelly Ng participated in the resident poster competitions. Traditional rotating interns Dr. Jordan Brown and Dr. Leandra Trydal also were accepted into the competition.

Competing against Emergency Medicine residents from across the nation, Dr. Kelly Ng and Dr. Michael Mascola won 2nd and 3rd place at the ACOEP competition. Dr. Leandra Trydal won 3rd place at the AAEM competition.

Congratulations to the residents and thank you for your dedication to medical education!

CONGRATULATIONS TO OUR

Congratulations to the 36 Garnet Health Medical Center residents who graduated in person (for the first time since 2019) on June 10th at the Paramount Theatre in Middletown, NY. What an incredible accomplishment!

WE WISH YOU THE BEST GOING FORWARD!



2022 RESIDENT GRADUATES!



**Emergency Residency
Program Graduates**



**Family Medicine Residency
Program Graduates**



**Internal Medicine Residency
Program Graduates**



**Transitional Year Residency
Program Graduates**



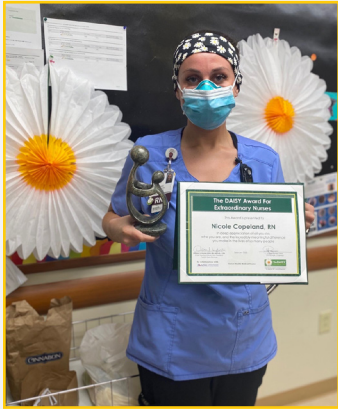
**General Surgery Residency
Program Graduates**



**Psychiatry Residency
Program Graduates**

Nicholas Acronti, MD
Naim Ahmed, DO
Mihai Andreca, MD
Anna Basovich, DO
Robert Blessin, DO
Jordan Brown, DO
Maria Chaudhry, DO
Jake Corman, DO
Gabriel Froula, DO
Brandon Funk, DO
Michael Grunstein, DO
Sarah Hardin, DO
Aldo Salgado Hernandez, MD
Herbert Icasiano, DO
Maida Khan, MBBS
Ryan Kim, DO
Andrew Knauer, DO
Astkhik Mangasarian, DO
Danny Mathew, DO
Pabel Miah, DO
John Paul Michaud, MD
Amanda Moukdad, DO
Amit Mukherji, DO, MPH, MBA
Mohammad Nauman, DO
Kelly Ng, DO
Nnamdi Orakpo, MD, PhD
Aaron Ramcharitar, MD
Fedoua Er Rbii, MD
Amina Rehman, MBBS
Santroy Samuels, DO
Kaitlyn Simpson, DO
Isrin Srisenthnil, DO
Gregory Stewart, DO
Abraham Taub, DO
Leandra Trydal, DO
Nafisa Wadud, DO

GHMC Recognizes Nicole Copeland, RN, with a DAISY Award

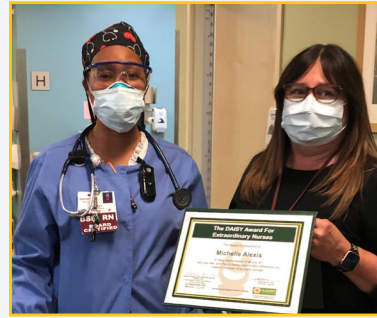


Nicole Copeland, RN, 5 South, is the recent DAISY Award honoree for going above and beyond when caring for her patients. Her compassionate, informative and caring approach lifts patients' spirits, especially during

difficult times, as well as the spirits of family members involved. Her overall dedication to help others allows all patients under her care to always feel comfortable.

Thank you, Nicole, for your commitment to patient care and for being such a wonderful caregiver!

GHMC – C Awards Michelle Alexis, RN, with the 2022 Spring DAISY Award



Michelle Alexis, RN, Emergency Department, was recently recognized with a DAISY Award for her calming and compassionate manner in caring for our pediatric ED patients. Michelle has been

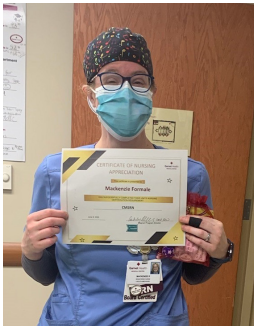
praised by parents of children who have come in to be treated. Her easy, kind, gentle and often fun way with our young patients helps to put them at ease. To many, the emergency room is scary, but apparently when Michelle is your nurse, it's not!

Michelle, thank you for your patience and the wonderful way you care for our young ones!

To nominate a nurse for a DAISY Award, visit [garnethealth.org/employees](https://www.garnethealth.org/employees) and select Nominate a Nurse under the DAISY Award. Select which hospital the nurse works at and complete the nomination.

About the DAISY Foundation: The not-for-profit DAISY Foundation was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 from complications of idiopathic thrombocytopenic purpura (ITP). The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and their families. Honorees receive a certificate of commemoration and a hand-carved sculpture known as A Healer's Touch—plus Cinnabon® cinnamon rolls, one of Patrick's favorites.

Celebrating Board Certification



Congratulations to Mackenzie Formale, RN, 4 South, who recently received her Certified Medical-Surgical Registered Nurse (CMSRN) board certification!

Board certification advances nursing practice and continues to provide an exceptional patient care experience. Garnet Health encourages nurses to become board certified and offers the Fail-Safe Certification Program for CMSRN. Nurses have more than one chance to pass the exam, and the system pays for the exam fee upon passage. For more information, contact Ashley Miller at amiller1@garnethealth.org.

Leading the Way



Deanna Schultz has been promoted to manager of development at Garnet Health Foundation – Catskills. In her new role, she will work closely with the Garnet Health Foundation in Middletown to expand philanthropic support for the Harris and Callicoon campuses.

Deanna joined Garnet Health Medical Center – Catskills in December 2019 as an executive assistant and supported the Garnet Health Foundation – Catskills board of trustees.

She previously served as an executive project manager to the CEO and as a staff member to the board of directors at the Center for Discovery. She also worked at the SYDA Foundation in South Fallsburg, New York; Fiduciary Trust Company International in New York City; and the Gerry Foundation in Liberty, New York, where she had the privilege of working with the Sullivan Renaissance initiative, a beautification and community development program. Deanna can be reached at dschultz@garnethealth.org.

Garnet Health Shared Governance: Getting Involved Magnet®/Pathways to Excellence® Means the Best Care for our Patients

The American Nurses Credentialing Center (ANCC) is a leader in providing a roadmap to nursing excellence and honoring healthcare organizations for that commitment.



Garnet Health Medical Center Shared Governance
Nursing Congress 2021-2022.

ANCC Magnet® and Pathways® program facilities lead to increased nurse satisfaction, increased engagement, empowered staff, and increased nurse autonomy. Garnet Health Medical Center is one of only 36 hospitals in New York State to be ANCC Magnet® designated. Garnet Health Medical Center-Catskills is currently participating in the Pathways to Excellence® program.

One of the unique attributes that ANCC requires of each of its healthcare organizations is that they must have a formal shared decision-making program in place. Garnet Health's Shared Governance Nursing Congress platforms provide the structure for shared decision-making among nursing and other disciplines on various levels. The congress fosters strategic development of system-wide nursing initiatives, and promotes nursing input and influence over nursing practice, and organizational clinical decisions that affect patient and clinical outcomes.

Garnet Health's Middletown campus has eight clinical unit nursing councils and eight focused-based committees which includes nursing practice at all levels throughout the organization. Together, they utilize a shared decision-making model to guide the development, implementation and evaluation of evidence-based practice and quality in the practice setting.

Garnet Health-Catskills currently has a single shared governance committee as a foundation for their Pathways to Excellence® journey. The number of councils/committees is determined by organizational and cultural needs. GHMC-C invites nurses to join and grow the program.

Garnet Health recognizes the importance of Magnet® and Pathways® and the benefits it has for employees and patients. Evidence-based practice projects that

originate from shared governance have proven to improve patient outcomes and increase patient and staff engagement. Magnet® recognition aligns with Nursing Shared Governance because it exemplifies nursing excellence, high quality nursing practice and delivery of safe patient care. Garnet Health nurses are integral partners in the patient's safe

passage through their healthcare experience.

To become involved in Shared Governance contact Ashley Miller, Garnet Health Medical Center Magnet Program Director at amiller1@garnethealth.org or Maureen Donnelly, Garnet Health Medical Center – Catskills Callicoon Campus Site Administrator at mdonnelly1@garnethealth.org.



Pictured from left to right: Elena Byrd, Nancy Karas, Antonia Duncan, Kayla Margarum, Daniella Solorzano, Lacie Halloran, Suzanne Lange Ahmed, Beth Ann Brodeur, Emilie Keesler, Katie Rodriguez, Tiffany Clark, and Evelyn Brown.

Not pictured: Maureen Donnelly, Adelia Calkin, Michelle Mootz, Matthew Berger, Thomas Candela, Cara Lynn Davies, Diana Duffy, Barbara Horton, Christine Poillon, Daniel Schmidt, Joanne Cerniglia, Melissa Dicostanzo, Joanne Moss, Tamara Smith, Fran Justus, Mary Kathryn Mooney, Tara Darling, Glorianne Ellison, Stephanie Van Hope, Olga Dutcher, and Taneka Snowden.

GH SHOWS UP FOR THE 2022 TRI-COUNTY HEART WALK



Garnet Health represented at the 2022 Tri-County Heart Walk! Our team loved being out in the community supporting a great cause!

GHMC-C Callicoon Campus Physical Therapy Fundraiser



Left to right: Grace Boyd; Physical Therapy Manager Megan Eggleton, DPT; and Tariq Gambari.

Sullivan West seniors and staff members faced off for a friendly game of "Seniors vs. Staff."

Sullivan West seniors Grace Boyd and Tariq Gambari put on a "Seniors vs. Staff" basketball game on May 5, 2022, at the Sullivan West High School to raise funds for the Physical Therapy Department at Garnet Health Medical Center – Catskills, Callicoon Campus for their required community service project. Grace and Tariq raised a total of \$881 for the Physical Therapy department. Both are attending college to pursue careers in physical therapy. Thank you to these students for thinking of Garnet Health Medical Center – Catskills!



GHMC Recently Celebrated Laboratory Week

The Garnet Health Medical Center Lab recently celebrated their recognition week with a door-decorating contest.

Teams were challenged to decorate a door to represent their roles and responsibilities in the lab. GHMC CNO Deb Snyder helped judge the winners. While it was a tough decision, Histology took the prize! Congratulations to all who participated.



GARNET HEALTH SHOWS PRIDE

Garnet Health showcased its Pride with signature swag and dress down Fridays during the month of June.



Wellness Week Success

Thank you to all employees who took a few minutes out of their busy schedules during Employee Health's May Wellness Week to focus on yourself! We hope you enjoyed walking and learning relaxation techniques and everything in between.

Always remember to make time for self-care!



Left to Right: Antonia Duncan, Clinical Director Obstetrics, Judith Lucyk, DKG, Robin Pantel, DKG, Susan Kaufman, DKG.

The Garnet Health Foundation – Catskills recently welcomed "Born to Read" a Special Delivery, sponsored by the Delta Kappa Gamma (DKG) Society Tau Chapter of Sullivan County. The Tau Chapter delivered colorful packages of reading books and flashcards, both in English and Spanish, to our Harris campus and met with Antonia Duncan, Clinical Director of Obstetrics.

The Delta Kappa Gamma Tau Chapter are a group of female professional educators whose goal is to encourage a love of reading in children. As teachers throughout the county, they have seen the benefits of early reading and hope to encourage new parents to read to their baby, as well.

Let's Help Our Community!

Take the Public Health Survey

There is a consumer provider survey being conducted by Orange County as part of a community health assessment to evaluate the healthcare needs of the community. The results of the survey will be used to develop an improvement plan to address those needs. If you live in Orange County, please consider sharing your opinion by completing the Orange County public health survey!

Orange County Survey:
www.surveymonkey.com/r/RNW3N37

Garnet Health Medical Center Auxiliary Vendor Sales Are Back!

Mark your calendars! Garnet Health Medical Center Auxiliary has announced the return of vendor sales! Vendors will set up shop in the conference center lobby on the Middletown campus (unless otherwise noted). Remember, a percentage of vendor sales goes to support the Garnet Health Medical Center Auxiliary, a group of community volunteers dedicated to enhancing programs and services. Since 1975, the Auxiliary has given over \$2 million to Garnet Health Medical Center. Our sincere thanks to the Auxiliary and our staff for supporting these fundraising efforts.

July 8: Mostly Silver

July 11: John's Jewelry

(Location: Pavilion Café,
75 Crystal Run Rd, Middletown)

July 15: Eleanor Jewelers

July 22: Scrubs Nyack

July 25: Scrubs Nyack

GHMC Gift Shop July Sale



It's Christmas in July

75% Off Selected Prior-Season Merchandise

(while supplies last)

Mon – Thur, 9:00 A.M. -5:00 P.M.

Fri, 9:00 A.M. - 8:00 P.M.

Closed Saturday and Sunday



SAVE THE DATE!

Blood Drive

July 11, 2022

10:00 A.M. - 4:00 P.M.

Garnet Health Medical Center
Ground Floor
Conference Rooms 1, 2, 3

To make an appointment,
scan the QR code, or register
at nybc.org/garnethealth



Freedom from Smoking Workshop

Join us for a seven-week session,
in-person or virtually.

Starting July 26, 2022
5:30 P.M.

Garnet Health Community
Education Center
420 East Main Street
Middletown, NY 10940

or

Starting September 20, 2022
5:30 P.M.

Sullivan 180

1 Cablevision Center Drive
Liberty, NY 12754

Cost: \$25

To sign up for a workshop session,
visit garnethealth.org/events to
check out upcoming dates.

Gems Newsletter

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For more information, email mmanheim@garnethealth.org or call (845) 333-2391.

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