

# Gems

Exceptional Lives Here.



Extraordinary Woman. Extraordinary Honor.

Raquel Ortiz is recognized by New York's 99th Assembly District.

# One of Eight. And One in a Million.

## Raquel Ortiz named “Extraordinary Woman.”

We’ve always known Raquel Ortiz, Garnet Health Doctors Vice President of Operations, was extraordinary. But now there’s official confirmation.

At a ceremony held on March 23 at the New York Military Academy, Ortiz was one of eight women recognized by Assemblyman Christopher Eachus as an “Extraordinary Woman of the 99th Assembly District.”

Raquel has more than 23 years of experience in healthcare and was selected because of her tireless service and for her dedication to the community. As well as performing a critical role at Garnet Health, Raquel also serves as chair of the Mentorship Board for the tri-state chapter of the National Association of Latino Healthcare Executive Leaders. Eachus spoke for all of us when he said, “She is passionate about making a difference in the lives of others and improving the healthcare system and prioritizing access to care for all.”

### Congratulations, Raquel!

## Leading the Way



**Danielle Perrone, MSN, RN**, has been promoted to Clinical Director of Medical/Surgical/Telemetry at Garnet Health Medical Center – Catskills. She has administrative oversight of our 34-bed Medical/Surgical/Telemetry unit, with 24/7 accountability.

Danielle is a seasoned critical care nurse and nurse informaticist. Throughout her career, she has gained extensive bedside experience as a charge nurse in Critical Care, Oncology, Hospice/Palliative Care, Telemetry and Medical/Surgical services. Danielle is a highly dedicated healthcare professional with a diverse background. She brings a wealth of knowledge, passion and skill to the position.

Danielle's leadership experience includes Co-Chair of the Shared Governance Council at Monmouth Medical Center and, most recently, Administrative Director of Nursing at Garnet Health Medical Center – Catskills.

Danielle completed her MSN with Honors in Nursing Education with a Nursing Informatics Certification from Northeastern State University. She earned a Bachelor of Science in Nursing from the University of Virginia, where she achieved Dean's List recognition.

Danielle reports to Suzanne Lange Ahmed and can be reached at [dperrone3@garnethealth.org](mailto:dperrone3@garnethealth.org).

## 2024 Annual Education Is NOW OPEN

**Deadline to complete is October 15, 2024**

Any employee hired AFTER January 1, 2024, is exempt.  
Please refer to policy #SM-002-0060 regarding failure to complete.

## DNV Survey and ISO 9001 Certification

Garnet Health hospitals recently engaged in their annual DNV accreditation survey. These surveys provide insight and understanding about what is working effectively and what can be improved. The DNV survey reinforces that Garnet Health is in compliance with accreditation standards and Medicare Conditions of Participation. This assures our patients and families that our hospitals meet best practice standards.

DNV also evaluates if we have implemented an effective Quality Management System and makes sure we manage processes in accordance with ISO 9001 requirements. This means assessing whether processes are consistent and produce the best outcomes, and that we focus on risk-based thinking to optimize patient safety. The ISO management system helps our organization improve performance, with an emphasis on achieving goals and creating a culture that engages in continuous self-evaluation, action and improvement of processes. The ISO framework ensures that we provide care and services consistent with our patients' needs.

**We are pleased to share that all Garnet Health hospitals continue to maintain ISO 9001 certification. The DNV ISO Management Summary report was complimentary in many regards. Here are a few that are worthy of note:**

- Staff, at all levels, have been informed, empowered and given the tools to succeed by leadership. It is apparent the Garnet Health culture is spectacular.
- Commitment from all community stakeholders to work with hospital leadership. This community level of engagement is spectacular, this is a noteworthy effort.
- The organization makes strategic hires, empowers them, gives them the tools to succeed and has accountability across the board, effectively employing process improvement at all levels.
- The EVS and Facilities department are doing an excellent job maintaining the hospital.

We want to thank everyone for a successful DNV survey and for achieving ISO 9001 certification, which is prestigious. ISO certification is not a one-time achievement but an ongoing commitment to excellence and ensuring optimal patient experience and outcomes. The DNV survey and the external ISO audit validate that we are in alignment with our mission of improving the health of our community by providing exceptional healthcare.

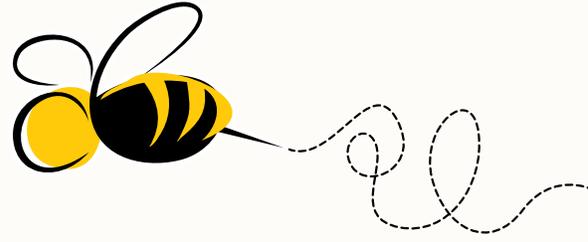
For more information, please contact [mcrittenden@garnethealth.org](mailto:mcrittenden@garnethealth.org).



## K-Kids Kindness

On Thursday, March 21, children of the Otisville Kiwanis K-Kids Club sent well wishes to patients at Garnet Health Medical Center in Middletown by giving them spring-themed cards they had created. A special thank you to Kiwanis Advisors Andrea Yager and Logan Reggio for their thoughtfulness in making this kind gesture possible.

# BEE AWARDS



**Angelica Baeza**  
**Supervisor, Guest Services, Garnet Health Medical Center**

When the family of a patient who was passing was not able to visit in time due to geographic limitations, Angelica Baeza took action. She reached out to all six of the patient’s children and connected them in a group Zoom call, so the family could be with the patient and say their goodbyes.

Helping a family through a difficult time is exactly what people who know Angelica would expect from her. She is friendly and courteous with everyone she encounters and goes above and beyond to assist others—whether it’s a patient, family member or visitor. When there are issues and concerns, Angelica offers her assistance to resolve them. Her level of empathy is touching, and inspires others to want to help and do better for our patients.

Angelica, thank you for the kindness, compassion and empathy you demonstrated to help this family connect in such a meaningful way. They were so grateful. Your actions had a big impact!



**Christine Price**  
**Unit Coordinator, Emergency Department, Garnet Health Medical Center – Catskills**

Christine was nominated by a grateful patient who found her to be a source of hope and comfort. Her nomination read, “[Christine was there] when I needed someone to talk to when it came to my mental health.” The patient went on to say that Christine has a wonderful smile that will never be forgotten and to praise her humility and dedication to helping people.

Christine, thank you for caring for our patients with warmth and attentiveness. You clearly made a difference to this patient. We appreciate you!



**Team Award**  
**Security Team, Garnet Health Medical Center**

Recently, Security Officers Anthony Gorlachov, Madeline Navarro, Scott Cristanto, Pablo Garcia and Shawn Talmadge illustrated exemplary teamwork and respect when called upon to assist a funeral director, after hours, with a patient who had passed away. They truly went above and beyond and demonstrated our core values of treating people with dignity and respect.

The situation called for appropriate PPE, lift equipment and multiple strong bodies to assist the funeral director, who was also very complimentary of the security team for taking the time to help with this difficult situation. A huge shoutout to Anthony, Madeline, Scott, Pablo and Shawn for your help—and for all you do on a daily basis!

The Employee of the Month program is also known as the Being Exceptional Every day (BEE) Award—and Being Exceptional Every day takes dedication, loyalty and commitment. To nominate an employee, physician, volunteer or team/department, visit the intranet page, scroll down and click on the BEE Award icon.

# Good Catch Award

## Garnet Health Medical Center



Congratulations to Alexa Perez, RN, and Michael Malik, PA, from Pathology/Laboratory at Garnet Health Medical Center, for collaborating to make a “good catch” in the name of patient safety! They are pictured in the front row surrounded by their team and leaders.

## Out & About



Garnet Health headed to Capitol Hill again this year, where we met with our district representatives, Congressmen Marc Molinaro and Pat Ryan, as well as with senior staff for Senators Kirsten Gillibrand and Chuck Schumer, to discuss major legislation that would impact Garnet Health and the care we provide as well as to advocate for further financial support.

Moira Mencher, Garnet Health’s Director of Strategic Planning and Community Relations (center), recently attended the 2024 Orange County Chamber Ball. She is pictured with Kellyann Kostyal-Larrier, Executive Director of Fearless! Hudson Valley Sexual Assault Services Program and Orange County Assemblyman Brian Maher.

## Local Schools Rally to Raise Money for Cancer Patients

The Basketball Coaches Association of New York (BCANY) held its 15th annual Coaches vs. Cancer Classic in February. The games took place at SUNY Sullivan and Monticello Central School, where students from Eldred, Fallsburg, Liberty, Monticello, Sullivan West and Tri-Valley schools participated.

Proceeds from this annual event benefit both Garnet Health Medical Center – Catskills and Ride to Survive Sullivan County.

Coach Christopher Russo (pictured) visited Garnet Health Medical Center – Catskills recently to present a very generous donation to the Oncology Unit at the Harris campus. We are grateful to Coach Russo and the BCANY and Sullivan County school students for their continued support of our community hospital.

To learn about more ways to support Garnet Health, please visit [garnethealth.org](https://garnethealth.org).



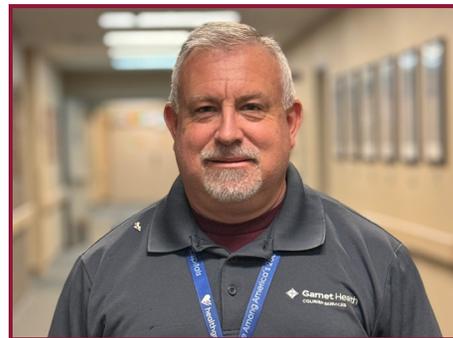
# Celebrating National Hospital Week, May 12–18

At Garnet Health, we often say, "Exceptional Lives Here." But the exceptional people who work here are at the heart of what makes Garnet Health special. From our doctors and nurses to our dedicated nutrition- and environmental-team members, we are lucky to have such a skilled and committed team. Thank you for everything you do for our patients and our community.





It takes employees in all positions to improve the health of our community by providing quality healthcare.



# Garnet Health Celebrates National Nurses Week

## May 6–12

As Chief Nursing Officer/Vice President Patient Care Services, we would like to express our profound admiration and appreciation for the invaluable contributions made by the nursing staff at Garnet Health. All of us recognize that nurses play a pivotal role in healthcare, often working long hours under demanding conditions to ensure the well-being of patients. Their dedication, compassion and expertise are truly commendable. It is undeniable that nurses are the backbone of the healthcare system, providing essential care and support to those in need. Their selfless commitment and unwavering dedication do not go unnoticed. The professionalism and kindness shown by our nursing teams are a testament to their exceptional work ethic and passion for their profession. In times of adversity, they remain steadfast and continue to deliver high-quality care with empathy and understanding.

At Garnet Health, we believe nurses are unsung heroes and their contributions are immeasurable. We are immensely grateful for the hard work and sacrifices made by each and every nurse, as they truly mean the world to us and to those they care for. Please join us in expressing gratitude and support for the incredible work done by our nurses, not only during times of crisis but every day—especially this Nurses' Week!

Sincerely,

**Suzanne Lange Ahmed, CNO and VP**

Patient Care Services

Garnet Health Medical Center – Catskills

**Nicole Sewell, CNO and VP**

Patient Care Services





# Care Clarity Update

Garnet Health has made great progress with Care Clarity, our systemwide patient-flow-process initiative. On May 14, we will take a momentous next step by transitioning our process to Epic's Grand Central module.

Housed within Grand Central is an Admission-Discharge-Transfer system that provides the tools to track and manage patients, from admission to discharge. It will help reduce length of stay, provide systemwide visibility and enhance patient progression.

Epic's Grand Central system will have other benefits, too. First, we'll continue to work within a system we currently use. Second, staying within one system makes it easier to document during the SNAP huddle. Last, system information—including capacity, discharges, admissions and bed availability—will be fully visible to everyone.

Training will take place **April 22-May 3** for those directly involved with SNAP huddles and more information will be provided. Additionally, we have established our Care Clarity Hospital Operations Center called Grand Central Station, which is designed to better coordinate the care of inpatient services, from admission through discharge. **Grand Center Station** will be located on the ground floor of Garnet Health Medical Center, in a space currently occupied by one of the computer training labs.

## Grand Central Station Requires a Talented Stationmaster.



Congratulations go out to **Justine Geisler, MSN/MHA, NE-BC, CMSRN**, for accepting the position of Administrator Clinical Operations and **Care Coordination**. In this role, Justine will oversee Grand Central Station operations. She will also continue to oversee CDA/2 West and Observation, Float Pool, Staffing Office, Administrative Directors of Nursing and Patient Flow Coordinators. Justine began her career as a Nursing Assistant at the Arden Hill Campus in 1996 and became a Registered Nurse in 1998. Her previous leadership roles include Bone & Joint Center Clinical Coordinator, 5 South Nursing Unit Director and Clinical Decision Area Nursing Director. Justine has been integral in many performance-improvement projects during our Magnet journey and led the Nursing Professional Development Committee for several years. She was also essential in spearheading our current process of Tiered Huddle Calls for improved Bi-Directional Communication. Justine has master's degrees in health administration and nursing from the University of Phoenix and a bachelor's in nursing from SUNY Cortland, and is Board Certified in Medical Surgical Nursing and Nursing Executive Leadership. Justine will report to Nicole Sewell MSN, RN, NE-BC, CMSRN, Chief Nursing Officer at Garnet Health Medical Center. Justine can be reached at (845) 333-2130 or [jgeisler@garnethealth.org](mailto:jgeisler@garnethealth.org).

## Certiably Special

Congratulations to **Elizabeth Trainor, RN, CMSRN**, and **Trishanne Sewell, RN, CMSRN**, both of Garnet Health Medical Center's Float Pool, for recently earning their Certified Medical-Surgical Registered Nurse (CMSRN) certification.



Pictured from left: Nancy Folino, Nurse Director; Nicole Sewell, Garnet Health Medical Center CNO and VP of Patient Care; Kareema Dale, Nurse Director Float Pool; Elizabeth Trainor; Trishanne Sewell and Jonathan Schiller, Garnet Health President and CEO.

Congratulations to **Isabella Gray, RN, BSN, CMSRN**, and **Allison Charles, RN, BSN, CMSRN**, of Garnet Health Medical Center's 4 South unit, for recently earning their Certified Medical-Surgical Registered Nurse (CMSRN) certification.



Pictured from left: Johnathan Schiller, Garnet Health President and CEO; Nancy Folino, Nurse Director; Tammy Jollie, Nurse Director 4 South; Isabella Gray; Allison Charles, and Justine Geisler, Administrator of Clinical Operations and Care Coordination.



# May is Mental Health Awareness Month. Take Care of Yourself and Your Loved Ones.

Mental health issues can impact anyone at any time. Please be sure to take care of yourself or lend help to someone who may need mental health support.



## Mental Health Awareness T-Shirt Sales

This May, you can show your support for Mental Health Awareness by purchasing a T-shirt for \$20. Look for more information soon. Thanks to the Foundation for their support in this fundraising effort.

### The following is a list of mental health services if you are in need:

Children's Crisis Outreach	(845) 701-3777
Elder Abuse Hotline	(844) 746-69005
Employee Assistance Program	(800) 999-7222
Family Solutions (Parent helpline)	(866) 373-2336
Fearless! 24/7 Hotline (Abuse, trafficking and sexual violence support)	(845) 562-5340
Mobile Mental Health	(800) 710-7083 or (845) 790-0911
NAMI (National Alliance on Mental Health)	(800) 950-6264
National Suicide Prevention Lifeline	(800) 273-8255
SAMHSA'S Helpline (Substance Abuse and Mental Health Services Administration)	(800) 662-4357
Textline for Teens	(845) 372-1817
TrevorLifeline (LGBTQIA+ specific support)	(866) 488-7386, Text "start" to 678-678
Veterans Crisis Line	(800) 273-8255 press 1, or text 838255

## Harris Campus' Ambulatory Building is New Home to Fearless! Hudson Valley Sexual Assault Services Program

April is Sexual Assault Awareness Month. So, on April 1, it was fitting for Fearless! Hudson Valley's Sexual Assault Services Program to cut the ribbon to their new space, located on the first floor of the Ambulatory Building at Garnet Health Medical Center – Catskills Harris Campus. Fearless! Executive Director Kellyann Kostyal-Larrier and her staff were joined by many community partners as the not-for-profit held an open house and shared their program's goals with guests.

Fearless! Hudson Valley, Inc. has a mission to build an informed, just and accountable society, so all people can experience supportive and safe relationships free from abuse, exploitation and oppression. They do this through education, prevention and advocacy, as well as by providing comprehensive services throughout Orange and Sullivan counties. Services include shelter for victims and survivors of interpersonal violence, human trafficking, sexual violence and other types of crime.

The Sexual Assault Services Program of Sullivan County offers comprehensive support to individuals affected by rape and sexual assault throughout Sullivan and Orange

counties. Services include a 24-hour hotline, trauma-informed therapeutic counseling, accompaniment and advocacy at the hospital, and legal advocacy. The program also provides community awareness and prevention activities, aiming to address and prevent sexual violence.



Dory Alport, Garnet Health Board of Directors, and Jerry Dunlavey, Garnet Health Medical Center – Catskills CEO attend the ribbon-cutting event for Fearless! Hudson Valley Sexual Assault Services Program.



Fearless! staff members, several Fearless! community partners and Jerry Dunlavey, Garnet Health – Catskills CEO, helped cut the ribbon to the new office space in the Ambulatory Building of Garnet Health – Catskills Harris Campus occupied by Fearless!

For more information about Fearless!, visit [fearlesshv.org](http://fearlesshv.org). The 24/7 hotline number is (845) 562-5340.

# Preceptors of the Month

Recently introduced, Preceptor of the Month symbolizes an outstanding dedication and commitment to mentoring and guiding team members. Preceptors show exceptional leadership and support. Their willingness to share knowledge and expertise greatly contributes to the professional growth and development of our team members. They inspire and motivate others, setting a high standard for excellence.

The preceptors we honor have made a significant impact on our organization through a combination of patience, guidance and encouragement. Their efforts have not only enhanced the learning experience for our team but have inspired them to strive for excellence in their roles. Preceptors' passion for teaching and mentoring shines through in everything they do, and we are truly grateful for the positive influence they have on all of us.



**Congratulations,  
Annette!**

## **February** | **Annette Margetts, Senior Buyer,** Garnet Health Purchasing Department

**Annette Margetts has the honor of being our first Preceptor of the Month honoree. Described as a go-to person who is “the rock” of the Purchasing department, Annette’s nomination was glowing. It read, in part:**

Annette is an amazing leader with a heart of gold! When we struggle, she is always willing to lend a helping hand and to educate. | She sets goals for us and guides us along the way to ensure our success. | She is always kind and willing to jump in to assist any colleague who may have questions or need help in the Purchasing Department | Annette praises each teammate for their accomplishments on a regular basis, and she is calm and detailed | She has amazing people skills and is the nicest person!



**Congratulations,  
Dominique!**

## **March** | **Dominique Nutt, RN,** Garnet Health Medical Center Emergency Services

**Dominique Nutt, RN, is March’s Preceptor of the Month. Dominique currently works in Endoscopy, but she was nominated for her previous role in the Emergency Department. Her nomination read:**

Dominique is a great preceptor because she makes people around her feel confident in asking any question, without judgment. She has a warm personality and allows her orientees to find their rhythm and way of working while also making sure things are done right.

Have you had a preceptor who has gone above and beyond for a patient or colleague, or who has demonstrated exceptional dedication? An exemplary team member or someone who is committed to nurturing the next generation? Click [surveymonkey.com/r/8CHBGPY](https://surveymonkey.com/r/8CHBGPY) and nominate them. The Preceptor of the Month will be selected by Garnet Health Medical Center’s Nursing Professional Excellence Committee.

NEW!

# Gift Shop Coffee Nook

8oz Coffee, Tea & Hot Chocolate!

\$2.31  
(plus tax)



Bottled water is available for \$2.00 (plus tax)

Hours | Mon. - Fri. 12:00 pm - 5:00 pm  
Cash or card only.



## Join Us for a Fly-Fishing Clinic!

Thursday, June 6, 2024  
1:00 p.m. (rain or shine)

Catskill Fly Fishing  
Center & Museum  
1031 Old Route 17  
Livingston Manor, NY

Fishing for something fun to do? Hosted by Garnet Health Foundation – Catskills, program will include instruction for fundamentals in fly-rod casting, fly tying and fly-fishing, along with a bamboo-fly-rod handcrafting studio and museum tour. The cost is \$75 per participant, which includes instruction and lunch, as well as a one-year membership to the Catskill Fly Fishing Center & Museum.



All proceeds will benefit Garnet Health Foundation – Catskills Healing Fund. Sponsorship opportunities are available. Visit [garnethealth.org/flyfishing](http://garnethealth.org/flyfishing) or scan the QR code to learn more.

## Celebrating Spring Brunch with the Easter Bunny

Garnet Health Medical Center – Catskills welcomed spring with a brunch celebration full of surprises at the Harris and Callicoon campuses! Staff, friends and family were able to enjoy special lunch and brunch menus, surprise treats, an Easter egg hunt and a photo-op with the Easter Bunny!



## Summer Farm Share Veggie Bags



Bialas Farms and Garnet Health Medical Center are teaming up to bring another Summer of Farm Share Veggie Bags!

Hand-selected, homegrown vegetables will be distributed to share members on Thursday afternoons from June 20 - October 17.

In addition to receiving fresh vegetables, share members will receive The FarmGirl Cooks' weekly email newsletter. Included is a list of each week's ingredients, along with storage tips and an array of recipes for that week's harvest. The FarmGirl will help you create efficient meal plans in order to get the most value from each week!

Eating well doesn't have to be difficult or time consuming, and it is our pleasure to show you how!

### Share Options

**Large Share**  
(Feeds 4-5): \$700  
**Small Share**  
(Feeds 2-3): \$480



Growing Strong for 80 Years



75 Celery Ave. New Hampton, NY



Live Well, Be Well

Visit [BialasFarms.com](http://BialasFarms.com) for more information about the Farm Share program, to print an application and to shop shares online! Questions? Contact Kasha at [farmer@bialasfarms.com](mailto:farmer@bialasfarms.com)



# Wellness Word of the Month

# Empowerment

The process of becoming stronger and more confident, especially controlling one's life and claiming one's rights.

*"As we look ahead into the next century, leaders will be those who empower others." — Bill Gates*

Empowered individuals have a sense of efficiency and control, and are able to make choices for which they accept full accountability. When you feel empowered, you are able to manage your workload, likely reducing stress and anxiety. Furthermore, you act on issues to bring forth positive change to make a difference. Here are some tips on how to be empowered, as well as how to help empower others:

- Before starting your workday, be prepared to set clear expectations and boundaries about the process and goals you want to achieve.
- Create opportunities to learn and self-improve. This can include learning a new skill or gaining new knowledge.
- Be supportive of your teams and work with them to reach their goals.
- You don't need a title to feel empowered or to empower others. Let your strong work ethic or your advocacy for others be a positive and empowering example that will inspire those around you.
- Once you attain certain skills, learn how to share those to help others. This helps your team reach their goals.
- Daily routine, healthy lifestyle and exercise can promote physical and emotional health. This will also inspire and motivate others to follow a healthy journey.
- Avoid negative self-talk. We must try to talk positively about ourselves, as it promotes self-esteem and will be visible to others.
- When a good opportunity presents itself, staying positive helps you approach it with confidence.
- Surround yourself with people who bring out the best in you. These people will also support you and promote growth and confidence.

Empowerment helps us to be confident and solve problems more easily. Empowerment promotes a healthy you, which helps support a healthy work environment and community.

*Anjana Poonthota MD, MPH, FAAP, is Medical Director, Garnet Health Women's and Children's Services Program and Pediatrics and Director of Wellness, Garnet Health. She is enthusiastic about sharing tips about our health and wellness.*

## Diversity, Equity and Inclusion | May 2024 Recognition Days

Garnet Health is committed to being an inclusive organization that supports growth and innovation by providing an environment where employees, patients and visitors feel they belong. We also recognize that having more diverse backgrounds among our staff and providers contributes to better patient care. Please help share in acknowledging the following national and/or worldwide days of recognition.

### May is Mental Health Awareness Month.

The aim is to raise awareness for those living with mental and behavioral issues, and to support families or communities impacted by mental illness.

**May is also Older Americans Month,** which celebrates how older Americans contribute to society nationwide.

**Jewish American Heritage is celebrated in May, as are Asian American and Pacific Island Heritage Month.**

American Jews and those with Asian and Pacific Island ancestry are both honored for their many contributions to the country.

**May 5 is Cinco de Mayo,** the Mexican American holiday that celebrates Mexico's defeat of the French Army.

# UPCOMING | Things worth knowing about.

## ● Meet with Employee Assistance Program Reps

**May 8, 11:30 a.m.– 1:00 p.m. | Garnet Health Medical Center, Conference Center Lobby**

The Employee Assistance Program (EAP) is a FREE support and resource service offered to employees 24/7. EAP can help with counseling services, elder and child care, and legal and financial issues, as well as maintaining well-being.

**Have questions?** To reach EAP, please call **(800) 999-7222** or visit **anthemEAP.com** (use Garnet Health login)

## ● FREE Diabetes Prevention Program Virtual starts May 14. In-person starts May 16.

**What is it?** It's a free 12-month Diabetes Prevention Program for qualified individuals. Tell your family, friends and patients!

**What will it do for me?** It promotes and teaches you how to make better food choices and increase physical activity to prevent or delay Type 2 diabetes.

**Who teaches the classes?** Our local Life Coaches lead each class and are available to you throughout the entire program.

**When and where are the programs?** Choose virtual-only or in-person. Virtual-only starts May 14 and continues on Tuesdays from 4:00 to 5:00 p.m. In-person programs start May 16 and continue on Thursdays from 3:00 to 4:00 p.m. at the Ethelbert B. Crawford Public Library in Monticello.

For more information and to see if you qualify, call **(845) 333-2705** or visit **garnethealth.org/preventdiabetes**.

## ● The New York Yankees Healthcare Appreciation Celebration

**Join the celebration at games on any of the following dates:**

**Friday, May 17–Sunday, May 19** Tickets purchased for these dates will include the choice between a tumbler or scrub top.

**Monday, May 20–Wednesday, May 22** Tickets purchased for these dates will include a \$15 Meal and Beverage Voucher and the choice between a tumbler or scrub top.



To purchase tickets, visit <https://offer.fevo.com/new-york-yankees-healthcare-appreciation-62f7f63?ref=Tragale>

## SAVE THE DATES Garnet Health Foundation and Garnet Health Foundation – Catskills

Catskills  
Fly Fishing  
June 6

Sporting Clays  
Tournament  
June 28

Catskills  
Golf Classic  
July 17

Garnet Health  
Golf Classic  
September 23



## May Vendor Dates

Want to do some shopping and some good at the same time? Throughout May, we're welcoming vendors to showcase their merchandise for sale. A percentage of vendor sales will support the Garnet Health Medical Center Auxiliary, a group of community volunteers dedicated to enhancing patient programs and services at the hospital. All vendors will be located in the lobby of the ground-floor level unless otherwise noted.

**5/1** Teddies Jewelry

**5/2** Scrubs Nyack

**5/2** Teddies Jewelry  
75 Crystal Run Road Café

**5/3** Scrubs Nyack

**5/20** Mary Kay Cosmetics

**5/21** Your Nutz

**5/22** Arlene's Hair Accessories

**5/24** John's Jewelry Box

**5/28** A Stylish Bling

**5/29** Krafty Kandles

**5/30** J's Divine Jewelzz

**5/31** Lisa Anderson Designs

## Gems Newsletter

Produced by Garnet Health Marketing & Corporate Communications.

For more information, email [mmanheim@garnethealth.org](mailto:mmanheim@garnethealth.org) or call (845) 333-2391.

[garnethealth.org](http://garnethealth.org)