

SEPTEMBER 2025

# Garnet Health. Gems

Exceptional  
Lives Here.



## Garnet Health Foundation's 34th Annual Golf Classic Drives It Out of the Park





## On the cover:

Volunteers Jacquie Budakowski and Pam Hall at Garnet Health Foundation's 34th Annual Golf Classic at Resorts World Catskills.



## 'Making Strides' Kickoff Breakfast

Garnet Health Medical Center proudly supports the American Cancer Society's Making Strides Against Breast Cancer Walk as an event sponsor. Aimee Monastero, Breast Cancer Patient Navigator at Garnet Health Medical Center, recently spoke at the Kickoff Breakfast, where she represented our commitment to this important cause.

*Pictured left to right: Amy Russell-Parlman, Director, Diagnostic Imaging and Breast Center; Aimee Monastero, Breast Cancer Patient Navigator; and Jessica Gerlach, Manager of Clinical Trials and Community Outreach*

## SUITS IN SCRUBS

Jonathan Schiller, President and CEO of Garnet Health, recently joined Switchboard Operators Nick Lanza and Angel Santana at our Middletown campus to gain a firsthand understanding of their work.

During his visit, he observed the volume and variety of calls managed by the switchboard team each day, from patients, family members, vendors and other community members. This visit highlighted the team's expertise and dedication, as they handle more than 450 inbound calls daily with professionalism and efficiency.

**About Suits in Scrubs:** The Suits in Scrubs program is a unique initiative that allows our President and CEO to step into the shoes of frontline healthcare workers by spending a day in various clinical departments. The goal of the program is to foster greater understanding, connection and appreciation between leadership and staff by offering firsthand insight into the day-to-day operations, challenges and impact of clinical roles.



*Pictured left to right: Angel Santana, Switchboard Operator, and Jonathan Schiller, President and CEO of Garnet Health*



*Pictured left to right: Emma Oivet, Aimee Monastero, Jessica Gerlach, Kathy DeRosa, Allison Roche, Jessica Verblauw, McKenna Gerlach, Joyce Timko*

## Cancer Survivors Day

Garnet Health Medical Center hosted its annual Cancer Survivors Day on September 7 at the Erie Way Park Pavilion, an event that honors cancer survivors, supports those currently facing cancer, and provides education and resources for all who attend.

Survivors enjoyed food from Cujino's, music by DJ Echo and inspiring guest speakers. Thank you to our oncology department for coordinating this event and making it a success.

For more information on volunteering for next year's event, contact Jessica Gerlach at [jjgerlach@garnethealth.org](mailto:jjgerlach@garnethealth.org).



2025 Survivors

## Community Wellness Day

Recently, Garnet Health participated in the Community Wellness Day at De Hoyos Memorial Park in Monticello, New York, hosted by the Sullivan County Department of Public Health. Garnet Health was represented by Family Medicine residents Casey Petronella, DO, PGY3; Bridget Alaimo, DO, PGY1; and David Lo, DO, PGY1. Community members enjoyed free health screenings, educational workshops, prizes, crafts, a magic show and more!



## LEADING THE WAY

Megan Evans has accepted the position of Manager of Philanthropy for Garnet Health Foundation – Catskills. In this role, Megan will oversee fundraising campaigns and events, build donor relationships and foster community connections.

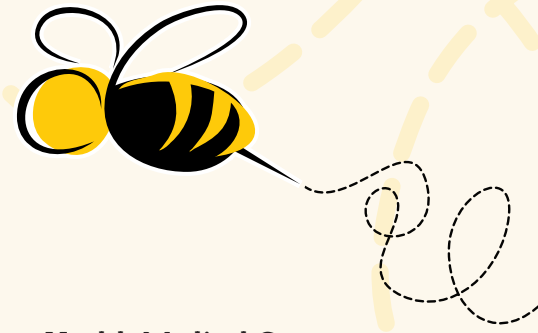
Megan brings extensive experience in nonprofit management and community engagement. She began her career at Bethel Woods Center for the Arts in 2016, where she was Manager of Volunteer and Community Engagement before advancing to Manager of Events and Special Projects. She holds a Bachelor of Arts in Sociology from the University at Albany and is a Sullivan County resident.

Megan can be reached at [mevans@garnethealth.org](mailto:mevans@garnethealth.org).



## Celebrates August Employees of the Month

# BEE AWARDS



### Susan Cannock

*Nurse Manager, Emergency Services – Garnet Health Medical Center*

Susan went above and beyond, showing her dedication to her team and community. She not only came up with the idea of hosting a community blood drive, but she also took the lead in making it happen. From connecting with stakeholders to spreading awareness through a radio podcast, Susan worked tirelessly to ensure its success.

Thanks to her leadership, the blood drive on August 26 was a huge success and made a real impact for those in need.

**Congratulations, Susan, and thank you for your incredible leadership!**

### Michael Ottino

*Maintenance Mechanic, Facilities, Garnet Health Medical Center – Catskills*

Mike keeps our hospital looking beautiful year-round. From mowing the lawns to caring for the flowers, he takes pride in every detail of his work. Beyond that, Mike is known for his big smile and kind greetings, and for going out of his way to brighten everyone's day.

His positive spirit makes a lasting impact on everyone he meets and helps create a welcoming environment for all.

**Congratulations, Mike, and thank you for all you do to make Garnet Health such a wonderful place!**

The Employee of the Month program is also known as the Being Exceptional Every day (BEE) Award—and Being Exceptional Every day takes dedication, loyalty and commitment. To nominate an employee, physician, volunteer or team/department, visit the intranet page, scroll down and click on the BEE Award icon.

## Blood Drive

Garnet Health Medical Center's Level 2 Trauma and Emergency Department partnered with the New York Blood Center (NYBC) to host a summer blood drive to help address the ongoing blood shortage. The blood drive collected more than **67 whole blood donations** and saw **73 donors**, saving approximately 201 lives.

Thank you to everyone who made this blood drive a success!



## ALLYSON WHITNEY FOUNDATION DELIVERS CARE PACKAGES

The Allyson Whitney Foundation kindly donated care bags to the Spagnoli Family Cancer Center at Garnet Health Medical Center for our chemotherapy patients.

The Allyson Whitney Foundation is a nonprofit that provides support and financial assistance through grants, comfort programs and awareness initiatives to young adults battling cancer.



## 2025 Annual Education is NOW OPEN

→ **Deadline to complete is October 29, 2025, at 4:00 p.m.** ←

Any employee hired AFTER January 1, 2025, is exempt. Please refer to policy #SM-002-0060 regarding failure to complete.





## 34th Annual Golf Classic

# A Hole-in-One Success!

A huge thank you from the Garnet Health Foundation to everyone who made this year's golf tournament an incredible success! On September 15, 220 golfers hit the greens at the Monster Golf Course at Resorts World Catskills. The event raised an impressive \$225,000 through sponsorships, fees and raffles, all in support of the Every Minute Counts campaign to expand Garnet Health Medical Center's Emergency Room.

With the help of dedicated volunteers managing the busy schedule and meals, the day wrapped up with a reception and awards ceremony. Special thanks to our event sponsor, Resorts World Catskills, and our lead sponsors, SCP Health and AJ Gallagher.



## AM Flight Winners:

### Ladies' Long Drive:

Stacey Morris

### Men's Long Drive:

Craig Calafiore

### Men's Team (57, card off):

- Stephen Scott
- Marti Sassi
- Brian Psaki
- Mike Snyder

### Ladies' Team (69):

- Maggie Smith
- Stacey Morris
- Nancy Hollbrook
- Caroline Clark

### Mixed Team (57):

- Pam Murphy
- Andrew Lyles
- Matthew Miller
- Matthew Pasquale

### Most Honest (80):

- Joseph Prager
- Kerry Colavito
- Eli Silver
- Omadelle Crum Ewing

## PM Flight Winners:

### Ladies' Long Drive:

Maggie Fulmen

### Men's Long Drive:

Jay Hoffman

### Men's Team (57):

- Matthew Lawney
- Mark Stier
- Bryan Pskowski
- Milton Lawney

### Ladies' Team (74):

- Janet Formisano
- Anne McGovern
- Denise Freeman
- Pam Welsh

### Mixed Team (59):

- Zachary Schiller
- Jason Hoffman
- Les Boska
- Janine Greer

### Most Honest (87):

- Emily Galvez
- Erin Hemme
- Taylor Eagan
- Emily Kenison



## Limited Raffle Winners

### 1<sup>st</sup> Place

**\$5,000:** Anne McGovern

### 2<sup>nd</sup> Place

**\$2,500:** Ryan Gerspach

### 3<sup>rd</sup> Place

**\$1,000:** Lauren Werner

## Basket Raffles

### Samsung TV:

Nick Woerner

### Resorts World Catskills foursome:

Rick Jackson

### Best of the Hudson Valley:

Fred Conklin

### Mansion Ridge foursome:

Susan Kelly

### iPad:

Janet Formisano

### Power Tools:

Louis DeLaCruz

### Local Golf Bundle:

Caitlin Winters

### Resorts World overnight:

Michael Snyder

### Resorts World overnight:

Estelle Cohen

### Family Fun Pack:

Eric Kaplan

### Cyrus Jewelers and rangefinder:

Dory Alport

## Event Volunteers

Jay Anthony, *Garnet Health Hospital  
Board of Directors*

Stacey Blustein, *Garnet Health  
Foundation Board of Trustees*

Jacqui Budakowski

Charlotte Durma

Lauren Francis

Jessica Gerlach

Kathy Goulden, *Garnet Health  
Foundation Board of Trustees*

Pam Hall

Jennifer Malinchak

Stefania Riccitelli, *Garnet Health  
Foundation Board of Trustees*

Joyce Timko



## Blankets Donated to Infusion Center Patients



Members of the Bruderhof community in Chester, New York, have supported Garnet Health patients for years by knitting and crocheting blankets, delivering flowers, and visiting patients and families. This past summer, several community members learned sewing and quilting to continue the tradition of giving back, meeting weekly with a teacher and dedicating their summer to creating blankets for the Infusion Center.

We extend our sincere thanks to the community members for their generosity and continued support of Garnet Health patients.

## October Recognition Days 2025

Garnet Health is committed to being an inclusive organization that supports growth and innovation by providing an environment where employees, patients and visitors feel they belong. We also recognize that having diverse backgrounds among our staff and providers contributes to better patient care. Please join us in acknowledging the following national and/or worldwide recognitions.

**October is Global Diversity Awareness Month**, which aims to promote knowledge and respect for various cultures.

**October is National Disability Employment Awareness Month**, which advocates for people with disabilities and their inclusion in the workforce.

**October 2 - Yom Kippur** is the holiest day in Judaism, dedicated to atonement and repentance.

**October 10 - World Inclusion Day** encourages inclusive practices and environments for all.

**October 13 - Indigenous Peoples' Day (United States)**, also known as Columbus Day, honors the indigenous people of North America.

**October 18 - Kati Bihu** is a cultural holiday for India, signifying prosperity and hope for a brighter future.

**October 20 - Diwali** is the festival of lights, celebrating the victory of light over darkness.

**October 28 - National Immigrants Day** celebrates the long history of welcoming immigrants from around the world.

**October 31 - All Hallows' Eve**, internationally known as Halloween, recognizes Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints, martyrs, and all the departed.



## Your primary care is our top priority.

Garnet Health Doctors Primary Care providers offer expert care to keep you on top of your health. Most importantly, they partner with you to ensure your voice is a priority.

### Our Services Include:

- ◆ Adult Internal Medicine (18+)
- ◆ Family Medicine (All ages)
- ◆ Women's and Pediatric Care
- ◆ Diagnostic Services
- ◆ Screenings & more!

## Locations

Offers Family Medicine    UC Urgent Care Available  
Offers Women's Health

### Callicoon:

8881 State Route 97  
Callicoon, NY 12742  
845-333-6860

UC

### Goshen:

102 Clowes Ave  
Goshen, NY 10924  
845-333-7200

UC

### Livingston Manor:

36 Pearl Street  
Livingston Manor, NY 12758  
845-333-6555

UC

### Middletown:

707 East Main Street  
Middletown, NY 10940  
845-333-7575

UC

### Monticello:

38 Concord Road  
Monticello, NY 12701  
845-333-6500

UC

Looking for a  
primary care provider?



Scan the QR code  
for more details!

[garnethealth.org/primarycare](http://garnethealth.org/primarycare)

YOU'RE INVITED TO



Garnet Health  
FOUNDATION

## ANNUAL GRATITUDE RECEPTION

16  
OCT

RECEPTION • DINNER  
6 PM - 8 PM

THE BARN  
AT VILLA VENEZIA  
2278 GOSHEN TURNPIKE  
MIDDLETOWN, NY 10941

### Previous Honorees

Jay Anthony  
Miriam Bacigalupi  
Sal Belfiglio  
Chester Printing  
Jane Crosby-Dever  
enCourage Kids Foundation  
Eileen & Robert Ernst  
Fidanza Family Properties  
Garnet Health Auxilliary  
Garnet Health Frontline Heroes  
Jessica Gerlach, Cancer Center  
Tom Guarino  
Healey Brothers  
Steve Jardine, Johnstons Subaru

John & Melanie Lanc  
Middletown Kiwanis Club  
Mobile Life Support Services  
Gertrude Mokotoff  
Orange Bank & Trust Company  
Rolland Peacock  
Pepsi-Cola of the Hudson Valley  
Joan Rhulen Farrow  
Jonathan Rouls, CPA  
Diane & William Ruggles  
Sara Sargente, RN, OCN  
Florence Sawyer  
SCP Partners  
Maggie Smith

Garnet Health  
FOUNDATION

[garnethealth.org/reception](http://garnethealth.org/reception)

845-333-2333 | [garnethealth.org/foundation](http://garnethealth.org/foundation)

## Quality Corner

# Quality Care: Why Federal Updates Matter for Garnet Health

At Garnet Health, quality isn't just about numbers. It's how we keep patients safe, cared for and supported every day.

Each year, the Centers for Medicare and Medicaid Services (CMS), a branch of the federal government, updates hospital standards that link quality of care to hospital funding. These updates may sound technical, but the goal is simple: better, safer care for every patient.

For 2026, the focus is on three big areas:

- 1. Patient Safety:** Preventing infections, complications and unnecessary readmissions.
- 2. Digital Care and Transparency:** Using technology to share information quickly and clearly with patients and providers.
- 3. Equity in Care:** Ensuring all patients receive the same high-quality care, no matter their background.

### Why it matters for Garnet Health:

Our performance affects the funding we receive to support staff, technology and services.

Every clinical and nonclinical staff member helps, whether it's accurate documentation, infection prevention or involving patients in their care.

Patients and our community can feel confident that we're meeting the highest national standards.

### The bottom line:

When we perform well, everyone benefits—patients, staff and the community. Together, by focusing on safety, innovation and equity, we are raising the bar in healthcare and ensuring we receive maximum reimbursement. This is one way we can all help positively impact our bottom line.

## Recognizing Our October Care Champions

### October 6

Kicks off Healthcare Food Service Workers Week.

Begins Healthcare Supply Chain Week.

### October 12

Celebrates Sterile Processing Week.

### October 13

Starts Case Management / UM Week.

### October 16

Is Boss' Day.

### October 19

Kicks off Infection Prevention Week.

Marks the start of National Respiratory Care Week.

Begins Pastoral Care Week.

### October 20

Celebrates Finance Professionals Week.

Starts Healthcare Quality Week.

Kicks off National Pharmacy Week.

## SAVE THE DATE

### Book Signing with Local Author Stephanie Lock



Garnet Health Medical Center will host a book signing event with local author, Stephanie Lock, for her new children's book, *If Goldfish Were Bluebirds: A Story About Self-Acceptance*, on Friday, October 10, from 11 a.m. to 6 p.m. at the Garnet Health Medical Center Gift Shop located at 707 E. Main St., Middletown, New York.

The event is free and open to the public. Copies of the book will be available for purchase and signing. To learn more about Stephanie Lock, visit her website: [stephanielock.com](http://stephanielock.com).

## Upcoming Things to Know

### Employee Assistance Program (EAP)

Representative Garnet Health Medical Center Conference Center Lobby  
11:30 a.m.–1:00 p.m.

October 6 | November 3 | December 1

### New York Life Representative

Garnet Health Medical Center Conference Center Lobby  
11:00 a.m.–2:00 p.m.

October 28

## SAVE THE DATE

### Making Strides Against Breast Cancer



Garnet Health is proud to be a sponsor of the 2025 Making Strides Against Breast Cancer Walk on October 19 from 7:30 a.m. to 12:00 p.m. at Woodbury Common Premium Outlets, 498 Red Apple Court, Central Valley, NY 10917.

Please join us in the nation's largest breast cancer movement by creating a team of your own or by joining one of the existing Garnet Health teams.

Register today by visiting [www.makingstrideswalk.org/garnethealth](http://www.makingstrideswalk.org/garnethealth)

Questions? Contact Jessica Gerlach at [jgerlach@garnethealth.org](mailto:jgerlach@garnethealth.org).

## Perfect Attendance Incentive Program

At Garnet Health, we deeply appreciate our team members who show up every day to keep our organization running smoothly and to support one another.

Garnet Health's Attendance Incentive Program provides all full- and part-time employees the opportunity to earn extra cash for perfect attendance. Each month, \$1 per employee who had perfect attendance the previous month will be added to an incentive pot. By random drawing, 50% of the monthly pot will be awarded to one of the employees who had perfect attendance.

The remaining 50% will be contributed to the annual prize for those with perfect attendance throughout 2025. Additionally, three runners-up, one from each entity, will receive a reserved parking space for three months.

### Cashanova The 2025 Attendance Incentive Program's mascot!



Maintain perfect attendance throughout 2025 for a chance to win a growing **POT OF GOLD!** Through July, the annual pot of gold is up to



## Symplr Workforce Mobile App Shift Trade Can Help You Achieve Perfect Attendance!

Are you part of our clinical staff? If so, have you heard about the Symplr app? This tool makes shift trading simple. Helping you avoid unscheduled absences and stay eligible for the monthly Perfect Attendance Award. Scan the QR code to get started today!



DOWNLOAD FROM THE APP STORE

## Gems Newsletter

Produced by Garnet Health Marketing & Corporate Communications.  
For more information, email [dmontes@garnethealth.org](mailto:dmontes@garnethealth.org) or call (845) 333-2391.

FREE

## Mammogram Screenings

### Dates & Locations:

**October 22, 2025**

**Garnet Health Medical Center - Catskills**  
Outpatient Entrance, 68 Harris Bushville Road,  
Harris, NY

*\*Patients must ring the bell to enter*

**October 25, 2025**

**Garnet Health Medical Center**  
707 East Main Street, Outpatient Services Building -  
Ray W. Moody, M.D. Breast Center, Middletown, NY

Garnet Health and the Cancer Services of the Hudson Valley are offering free mammogram screenings to those who qualify.

*\*Please see bottom of flyer for eligibility requirements.*

### Screening Includes:

- ◆ Mammogram
- ◆ Clinical Breast Exam
- ◆ Breast Health Education

**PLEASE NOTE:** Once you book your appointment, your contact information will be shared with Cancer Services of the Hudson Valley. Please expect a call from them to validate your eligibility for this event.

### Eligibility Requirements:

- ◆ Women ages 40-49: Mammogram every 2 years
- ◆ Women ages 50-65: Mammogram every year
- ◆ Men and Women age 40+ May be eligible for breast services if high risk or symptomatic (Must obtain approval from CSP)
- ◆ Must be a NYS resident AND live in 1 of 7 counties served by the Hudson Valley CSP
- ◆ Uninsured or underinsured
- ◆ Not undergoing cancer treatment or receiving coverage through the Medicaid Cancer Treatment Program (MCTP)

Questions? Please contact Deliah Socci at [dsocci@garnethealth.org](mailto:dsocci@garnethealth.org)

**Scan Now!**



Or visit [garnethealth.org/events](http://garnethealth.org/events) and search for "mammograms"

## Garnet Health Medical Center September Auxiliary Vendor Sales

Want to shop and do some good at the same time? Throughout October, we're welcoming vendors to showcase their merchandise. A percentage of vendor sales will support the Garnet Health Medical Center Auxiliary, a group of community volunteers dedicated to enhancing patient programs and services at the hospital. All vendors will be located in the lobby of the ground-floor level unless otherwise noted.

### September Vendor Dates

- |  |                                 |
|--|---------------------------------|
| <b>10/1</b> A Stylish Bling            | <b>10/17</b> Northern Med       |
| <b>10/2</b> Personally Yours           | <b>10/20</b> Joint 2 Jewelers   |
| <b>10/3</b> Northern Medical           | <b>10/21</b> Your Nutz          |
| <b>10/7</b> Northern Medical           | <b>10/22</b> J's Divine Jewelzz |
| <b>10/8</b> Teddies Jewelry            | <b>10/23</b> Cookie Creations   |
| <b>10/9</b> Silver Dollar Boutique     | <b>10/24</b> John's Jewelry Box |
| <b>10/10</b> Personally Yours          | <b>10/27</b> Personally Yours   |
| <b>10/14</b> Krafty Kandles            | <b>10/28</b> Bitachon           |
| <b>10/15</b> Arlene's Hair Accessories | <b>10/29</b> Sew E-Z Creations  |
| <b>10/16</b> Mary Kay Cosmetics        | <b>10/30</b> Eleanor Jewelers   |