

A festive banner for Garnet Health's 'Gems' campaign. The word 'Gems' is written in a large, dark red serif font. Above the 'G' is a small red diamond icon. To the right of the diamond is the text 'Garnet Health.' in a dark red sans-serif font. In the top right corner, a dark red horizontal bar contains the text 'DECEMBER 2025' in white. Below this bar, the phrase 'Exceptional Lives Here.' is written in a dark red serif font. The entire banner is decorated with colorful Christmas lights (red, yellow, blue, and green) and green garlands. The lights are strung along the top and sides of the banner, with some lights glowing and emitting rays of light.


 **Garnet** Health.

Gems

DECEMBER 2025

Exceptional
Lives Here.

Exceptional
Lives Here.



'Tis the Season

On the cover:

Garnet Health Medical Center - Catskills Nutrition and Food Services team, along with Santa and Dr. Murphy, gathered for a quick photo before opening the doors to the employee holiday luncheon at the Harris campus.



Scenes from the 2025 Medical Staff Holiday Event

Garnet Health's Medical Executive Committee hosted a festive holiday meeting, bringing together providers to celebrate the season. The event offered the chance to honor a few outstanding leaders, strengthen professional connections, and share in the holiday spirit. Thank you to all who joined and contributed to this celebration!



Garnet Health Receives a 'B' Grade from Leapfrog's Hospital Safety

The Leapfrog Group has recently released the Fall 2025 Hospital Safety Grades, and we're proud to share that both Garnet Health Medical Center and Garnet Health Medical Center – Catskills earned a "B" Safety Grade. This achievement reflects the dedication of our physicians, nurses, clinical support teams and operational leaders who work every day to protect our patients from harm and to provide safe, high-quality care.

A "B" grade demonstrates solid performance and meaningful progress while also highlighting opportunities for continued advancement, many of which are already underway through our High Reliability, Zero Harm, and Quality & Patient Safety initiatives.

Leapfrog Safety Grades are a national, public measure of hospital performance based on:

- Preventing harm and avoidable complications
- Safe medication and treatment practices
- ICU staffing, provider communication and care coordination
- Infection-prevention and safety culture

Why This Matters:

- Leapfrog results are publicly reported and used by consumers, payers and employers
- Scores influence our reputation, recruitment and overall competitiveness
- These measures closely align with Centers for Medicare & Medicaid Services (CMS) programs, including the Value-Based Purchasing (VBP) Program, Hospital-Acquired Condition (HAC) Reduction Program, Hospital Readmissions Reduction Program (HRRP) and CMS Care Compare, which carry significant financial impact

Thank you to every team member whose commitment to safe, reliable care made these results possible. Sustaining and strengthening our performance will require continued collaboration, open communication and consistent adherence to best practices across every department and discipline.

HONORING TWO HOSPICE-CARE AMBASSADORS

On November 12, Dr. Pamela Murphy, CMO, and Dr. Valerie Lehman, Emergency Physician with board certification in Palliative Care, were inducted into the United Hospice Ambassadors Class of 2025 in recognition of the extensive knowledge and education they share with our providers at Garnet Health.

Pictured left to right: Dr. Pamela Murphy, CMO, and Dr. Valerie Lehman, Emergency Physician.



Pictured left to right: Marianne Walker, RN, JD, CPHRM, Associate General Counsel/Vice President, Enterprise Risk Management; Dr. Pamela Murphy, CMO; and Dr. Valerie Lehman, Emergency Physician.

Celebrating Perioperative Week

Recently, Garnet Health Surgical Services' leadership team, which consists of Sue Galaraga, Trista Carter, Jill Trotta, Lenica Bruce and Alex Bravo, joined facilities nationwide in celebrating Perioperative Services Week. Guided by the theme of the Association of Perioperative Registered Nurses (AORN), "Light the Path," they honored the extraordinary teams who illuminate the way for patients, families and surgical teams every day. The week was filled with uplifting moments, like special staff-recognition presentation, inspiring videos, pet therapy and more.

Thank you to all our perioperative professionals for the exceptional care you provide every day!



LEADING THE WAY

Marinel Ardeljan, DO, recently joined Garnet Health Doctors as a Per Diem Trauma Surgeon.

Dr. Ardeljan is a board-certified general surgeon specializing in trauma and acute-care surgery. He brings more than 16 years of experience in trauma and acute-care surgery at Level II and Level III trauma centers. Dr. Ardeljan will provide trauma-call coverage for Garnet Health Medical Center and will also see post-operative and discharged trauma patients at Garnet Health Doctors' surgical practice located at Garnet Health Medical Center, Outpatient Building, 3rd floor.

Dr. Ardeljan can be reached at mardeljan@garnethealth.org.

John Bliton, MD, joins Garnet Health Doctors as a Per Diem Trauma Surgeon. Dr. Bliton is a board-certified general surgeon with fellowship training in surgical critical care. He brings extensive experience in trauma and acute-care surgery. He previously served as a trauma surgeon at Jamaica Hospital Medical Center and Wellstar North Fulton Hospital, and also held various positions at Wellstar Atlanta Medical Center. Dr. Bliton will provide inpatient trauma coverage for Garnet Health Medical Center.

Dr. Bliton can be reached at jbliton@garnethealth.org.



Christopher Cammarata has accepted the position of Director of Safety & Emergency Management for Garnet Health.

Christopher brings over 20 years of experience in emergency-management across local, county and federal levels. Throughout his career, he has demonstrated skill in cultivating cross-functional relationships, driving process improvements and ensuring operational excellence. He is widely recognized for his expertise in radiological emergency preparedness, as well as in exercise design, development, evaluation and program management.

Christopher can be reached at ccammarata@garnethealth.org.

Gulnaz Kiyamova, MD, recently joined the Psychiatry practice at Harris.

Dr. Kiyamova brings more than 20 years of experience in the assessment, diagnosis and treatment of a wide range of mental health conditions, including depression, anxiety, bipolar disorder, PTSD, ADHD, autism-spectrum disorders and addiction psychiatry. She also has extensive expertise in neuropsychiatry, treating patients with dementia, Alzheimer's disease, migraines, chronic pain and post-stroke recovery.

Dr. Kiyamova can be reached at gkiyamova@garnethealth.org.



Jackie Perez has joined Garnet Health Foundation as Director of Philanthropy.

In this role, Jackie will lead strategic fundraising initiatives, donor-engagement efforts and stewardship programs that directly support Garnet Health's mission. Her background in philanthropy, community development and relationship-building positions her to drive meaningful growth and elevate the Foundation's impact.

Jackie can be reached at jperez@garnethealth.org.

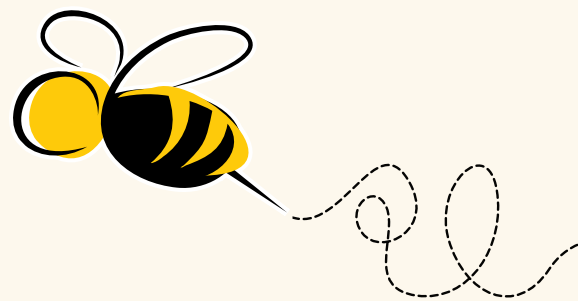
2025 RISING STARS AWARDS

Dr. Pamela Murphy, CMO, was recently honored by the Junior League of Orange County as a 2025 Rising Star. Dr. Murphy (third from right) was supported by colleagues at her award ceremony in November. Congratulations, Dr. Murphy!



Celebrates November Employees of the Month

BEE AWARDS



Mary Kathryn "M.K." Mooney

Clinical Nurse Director, CCU, Garnet Health Medical Center - Catskills

M.K. is being recognized for her dedication and willingness to support her team in any situation. On one occasion, she noticed a patient in need of medication that had not been administered in her unit. M.K. collaborated with the pharmacy, Oncology, and the Emergency Department to obtain the medication. In addition, she ensured proper protocol was followed and prioritized patient safety. Because of her persistence, the patient received the medication they needed.

Congratulations, M.K., on this well-deserved recognition!



Aimee Monastero

Patient Navigator, Ray W. Moody, M.D., Breast Center - Garnet Health Medical Center

Aimee went above and beyond for a patient who had no local support while undergoing cancer treatment. She researched community resources, partnered with a local organization to provide transportation, donated supplies, and even coordinated meal and gift deliveries for the patient's family. Without Aimee making these efforts, the patient would have faced treatment while also worrying about how her family would cope. Aimee's determination and compassion ensured the patient never felt alone during a difficult time.

Congratulations, Aimee, and thank you for always putting our patients first!

The Employee of the Month program is also known as the Being Exceptional Every day (BEE) Award—and Being Exceptional Every day takes dedication, loyalty and commitment. To nominate an employee, physician, volunteer or team/department, visit the intranet page, scroll down and click on the BEE Award icon.

DAISY AWARDS

Congratulations to **Marisol Serapio-Mejia, RN** on 5 East, for her recent honor as Garnet Health Medical Center – Catskills' Fall 2025 DAISY Award recipient.

During a busy shift, as the unit was preparing a patient for a blood transfusion, a new admission arrived at the ER. Without hesitation, Marisol stepped in and offered to take the new patient, allowing the incoming nurse to focus solely on administering the transfusion.

Throughout the process, Marisol checked in to ensure the patient and nurse had everything they needed. Her willingness to step up and support her colleagues reflects the kind of nurse she is.

Thank you, Marisol, for always going above and beyond for our patients and your team.



Marisol was chosen from 36 nominees for the Fall 2025 DAISY Award, but others also stood out. Congratulations to **Priscilla Carcamo, Kelly Dieterich, Brenton Smith** and **Kim Wall**, all of whom received five or more DAISY nominations and were honored with a special pin.

To nominate a nurse at any of our Garnet Health locations, please visit garnethealth.org/about-us/nursing-excellence/nominate-nurse.

About the DAISY Foundation The not-for-profit DAISY Foundation was established by family members in memory of J. Patrick Barnes. Patrick died at the age of 33 from complications of Idiopathic Thrombocytopenic Purpura (ITP). The care Patrick and his family received from nurses while he was ill inspired this unique means of thanking nurses for making a profound difference in the lives of their patients and patient families.

Honorees receive a certificate of commemoration, a hand-carved sculpture called A Healer's Touch and Cinnabon® cinnamon rolls. One of Patrick's favorites!

Good Catch and Great Save Awards



Recently, **Elizabeth Rae Smith, RN, BSN**, was honored with a Great Save Award for her attention to detail while caring for a patient after a traumatic accident. During evaluation, Elizabeth identified concerning findings after reviewing imaging and raised concerns. As a result, the patient was properly diagnosed.

Congratulations, Elizabeth, on this Good Catch!

Good Catch occurs when someone's corrective action and/or timely intervention prevents an incident or medical error.

Great Save happens when someone's immediate action keeps a patient safe during an event. The Patient Safety Subcommittee judges the nominees. For more information about the Good Catch Award, email Vice President, Quality/Patient Safety Officer Mary Ellen Crittenden at mcrittenden@garnethealth.org.



Kelsie Krieger, RN, BSN, was recently honored with a Great Save Award for her advocacy while caring for a patient. Kelsie identified concerns through further evaluation and recognized the need for additional assessment. Thanks to Kelsie, the patient was urgently assessed and received timely treatment.

Thank you, Kelsie, for your attentiveness and quick communication!

Mass Casualty Incident Drill

Emergency Management recently hosted a Mass Casualty Incident (MCI) drill with staff and community partners at the Callicoon, Harris and Middletown campuses. Garnet Health performs MCI drills regularly to ensure we can quickly and effectively respond to large-scale emergencies by strengthening staff coordination, identifying gaps, and protecting patient and staff safety. These drills also enhance coordination with community emergency partners.

Thank you to all staff who participated.



Callicoon



Harris



Middletown

New York
Blood Center

Blood Drive



Did you know?

The month of January is designated as National Blood Donor Month in the United States. Due to holiday celebrations, inclement weather, and cold and flu season, the winter months are often a time of reduced donations and an increased risk for blood shortages.

Garnet Health Medical Center

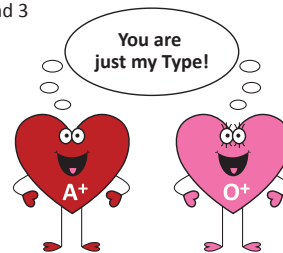
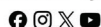
**Blood drive hosted by
Occupational Health and Wellness**

**Wednesday, January 28th
10AM to 5PM**

Conference Room 1, 2, and 3
707 E Main St.,
Middletown, NY 10940



Sign up by scanning the QR code or
calling 800-933-2566. Walk-ins are WELCOMED.
800.933.BLOOD • nybc.org



You are
just my Type!

Prepare to donate

- Eat well and hydrate
- Bring a photo ID
- Feel good and symptom free
- 17+ Must be 17+ or 16 with parental consent form
- Meet minimum weight requirements

For full eligibility requirements and COVID-19 information, visit nybc.org/eligibility.

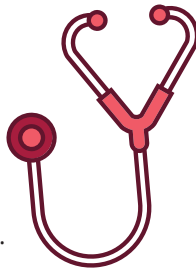
Garnet Health
MEDICAL CENTER

Garnet Health Doctors and Primary Care: Goshen

Garnet Health Doctors in Goshen is now accepting new patients, providing high-quality care to keep you on top of your health. Our expert providers deliver compassionate care to all patients, from routine checkups to ongoing wellness needs.

Location: 102 Clowes Ave,
Goshen, NY 10924

Book your appointment now
by calling (845) 333-7200
or by signing up for MyChart
at garnethealth.org/mychart.



**Godly Alcindor,
DO, PGY-3**



**Bridget Alaimo,
DO, PGY-1**



**Joseph Chavez Carey,
MD**



**Shantie D. Harkisoon,
MD**



**Juliette
Fersdschneider,
DO, PGY-2**



**Tyler Gopee,
DO, PGY-1**



**Daniel Levy, DO,
PGY-1**



**David Lo,
DO, PGY-1**



**Jason Mathew,
MD, PGY-2**



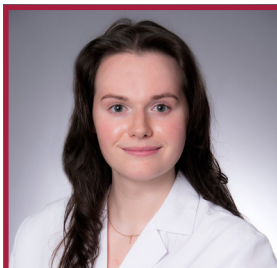
**Christine Molinari,
DO, PGY-2**



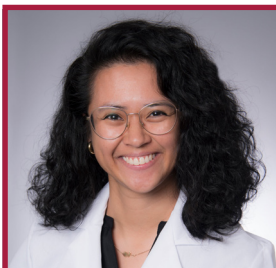
**Alicia Olowu,
DO**



**Shiv Patel,
DO, PGY-3**



**Casey Petronella,
DO, PGY-3**



**Alexandria Quinere,
DO, PGY-3**



**Uddin Ruhana,
PGY-2**

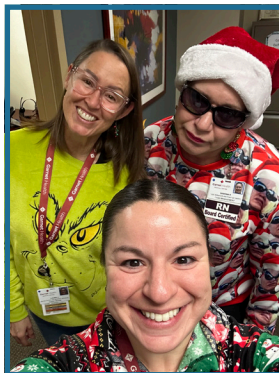


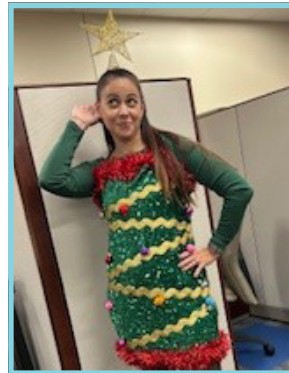
**Kaushal Shah,
MD**



Making the Season Bright

December was a month of celebration, delicious food and festive cheer! Our holiday staff luncheons, which was hosted by the incredible Food and Nutrition Services team, featured delicious food, tasty treats and a visit from Santa. A huge thank you to all who wore their ugly Christmas sweaters, decorated and spread holiday cheer. Your festive spirit was great to see!







Local Volleyball Team Donates to Oncology

Garnet Health Foundation – Catskills recently received a donation from the Monticello Modified Volleyball team. During their Pink Out game this past October, the team raised funds to support patients in the Garnet Health – Catskills oncology department. The donation was collected by Garnet Health Foundation – Catskills Manager of Philanthropy, Megan Evans (last on the right).

We extend our sincere thanks to the Monticello Modified Volleyball team and staff for their generosity and continued support of Garnet Health patients!

If you'd like to donate to Garnet Health Foundation – Catskills, please call 845-333-8962 or visit garnethealth.org/foundation-catskills.



MADE BY US, FOR US!

Garnet Health Medical Center and Garnet Health Medical Center - Catskills showcased their creativity by selling their handmade goods to our hospital family. This event was sponsored by the Professional Excellence Committee to raise money to support Hospital Week, Nurses Week and Certification Day.



Pictured: Garnet Health Medical Center - Catskills staff

Narcan Training

Garnet Health Medical Center and Garnet Health Medical Center - Catskills hosted a Narcan training session to teach participants how to recognize an overdose, administer Narcan, and employ harm reduction techniques to help save lives.

Thanks to everyone who joined and made this training a success!



Middletown



Harris

Firehouse Challenge Winners

Community Health Manager, Delilah Socci, joined the Smallwood-Mongaup Valley Fire Department as they received their award for winning this year's Firehouse Challenge, a friendly competition proudly sponsored by Garnet Health. The challenge celebrates local fire departments for their commitment to health, wellness and community engagement.



\$100k Grant Funds Callicoon Renovations

Garnet Health Medical Center – Catskills, Callicoon campus, is a proud recipient of a \$100,000 grant from Assembly Member Kay to fund the renovation of a bathroom and shower room.

We thank Assembly Member Kay for her time, effort and dedication in supporting Garnet Health Medical Center - Catskills.



BEYOND THE WALLS:



2025 Giving Trees Provide for Children in Our Communities

With unwavering dedication to extending care beyond the walls of our hospital, our Beyond Our Walls holiday initiative truly embodied the spirit of giving this season. Throughout the system, we brought joy and hope to nearly 157 children across Orange and Sullivan counties.

This incredible achievement was made possible by the generosity and compassion of our amazing staff. A heartfelt thank you to everyone who contributed to making this effort such a meaningful success! You are the heart of our mission!

Thank you to the Garnet Health 2025 Giving Tree Committee for organizing and coordinating this massive effort!



Middletown



Harris

Committee Members

Alexander Buchanan
Megan Besaw
Christopher Costello
Theresa Costello
Jodi Goodman
Magalie Jean-Francois
Desiree Laguna-Vega
Jasmine McKinney
Suzanne Neenan
Catia Pereira-Gentile

Big Shout Out

Thomas Anderson
Asyiah Boddie
Elena Byrd
Garnet Health Couriers
Sharri Komatz
Daylin Salas
Krystina Skarren
Security Department

These photos depict only a sampling of what was collected for this year's 2025 Giving Tree initiative.

QUALITY CORNER

A Fresh Start for a Safer, Higher-Performing Year

A new year is a chance to refocus on delivering safe, patient-centered care. As we enter 2026, every interaction and decision strengthens our ability to provide reliable care.

Zero Preventable Harms

Our goal is simple. Prevent harm before it occurs by reinforcing:

- Timely communication and escalation
- High-reliability behaviors
- Adherence to safety bundles and best practices
- Rapid learning through RCAs, debriefs and frontline input

Enhancing the Patient Experience

In 2026, we will improve the experience by ensuring:

- Clear communication
- Reducing unnecessary delays
- Partnering with patients and families at the bedside
- Addressing concerns in real time

Reducing Length of Stay (LOS)

We will reduce LOS through:

- Early-discharge planning
- Daily goals and expected discharge dates
- Reliable interdisciplinary coordination
- Quick escalation of barriers

Together, we can make 2026 a year of safer care, stronger outcomes and improved experiences for every patient we serve.

Reducing Readmissions

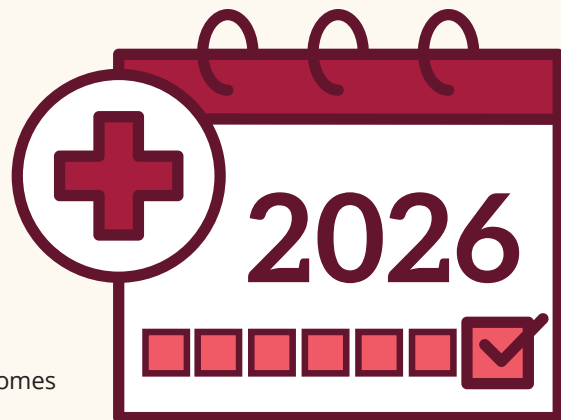
We will prevent avoidable readmissions by focusing on:

- Early identification of high-risk patients
- Clear discharge and medication instructions
- Warm handoffs and timely follow-up appointments
- Strengthening connections with outpatient and post-acute care

Our Commitment for 2026

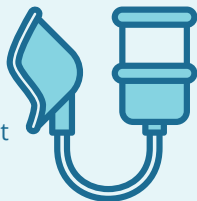
Let's recommit to the basics that drive reliability:

- Speak up for safety.
- Communicate clearly.
- Close gaps before they create risk.
- Support one another as one team.

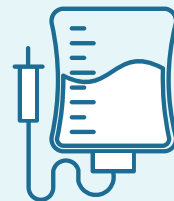


Recognizing Our January Care Champions

January 18
kicks off Certified
Registered Nurse Anesthetist
(CRNA) Week



January 25
is National IV Nurse Day



Strength Through Stillness



Spagnoli Family Cancer Center at Garnet Health Medical Center is hosting FREE yoga classes for those with cancer who are undergoing chemotherapy or radiation.

Mats and equipment will be provided.

You do not have to be a patient of Garnet Health to participate.

Led By: Instructor Elisa Piscitelli, E-RYT

Classes Begin: January 13, 2026

Two class days, held monthly

Please scan the QR code to view all dates

Scan Now!



Or visit: garnethealth.org/events
and search for "Yoga"

Questions?

Aimee Monastero | 845-333-7056

amonastero@garnethealth.org

SHARPS Disposal

Garnet Health Medical Center - Catskills, Harris Campus is accepting **used sharps** for disposal, free of charge.

Used sharps must be properly placed in **puncture proof containers** such as sharps containers, laundry detergent bottles or bleach bottles. Screw-on caps are to be tightly secured and bottles are to be marked with **"Contains Sharps"**.

Drop-offs will be accepted from **8:00 am - 8:00 pm, 7 days a week.**

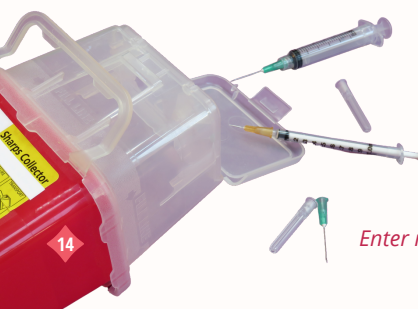
No appointment required.

Drop-off Location

**68 Harris-Bushville Road
Harris, NY 12742**

845-333-8870

Enter main lobby and report to security.



SAVE THE DATE

Thoughtful Thursday - January 8

Meditation and Mindfulness with Danielle Moser, Orange County Department of Health, Community Health Outreach

Garnet Health Medical Center, Conference Room #7

Each session will have 6-8 spots.

Available times:

10:15 a.m., 11:00 a.m., 11:45 a.m., 12:30 p.m., 1:15 p.m.

To sign up, please email

volunteerresourcedept@garnethealth.org.

Wellness Wednesday - January 14

National Blood Donor Month Resource Fair

Garnet Health Medical Center, Conference Center Lobby

11:00 a.m.-2:00 p.m.

Stop by the Conference Center Lobby to connect with this month's featured participants:

- Employee Assistance Program (EAP)
- American Red Cross
- Interdisciplinary Community & Patient Experience Committee

1199 Wellness Workshop

Garnet Health Medical Center, Conference Room #7

During this session, you'll explore how positive thinking can improve your overall health, discover effective strategies for navigating everyday obstacles and learn practical ways to build healthier thought patterns that help reduce stress.

Workshop Times: 11:00 a.m., 12:00 p.m., 1:00 p.m.



This workshop is free for all employees and offered both in-person and virtually. Please note that in-person seating is limited, and light refreshments will be provided.

Scan the QR code to join virtually.

New York Life Representative - January 19

Garnet Health Medical Center, Conference Center Lobby

11:00 a.m.-3:00 p.m.

Calling All Men:

FREE Aquablation Therapy Awareness Event - January 22

(January 29, in the event of inclement weather)

Middletown Thrall Library at 11-19 Depot Street
Middletown, NY 10940

5:30-7:30 p.m.

Garnet Health Doctors is hosting a free community event where men will learn how Aquablation Therapy compares to other treatment options, the benefits it offers, and why it is becoming a preferred treatment option for benign prostatic hyperplasia (BPH).

For more information or to register, visit garnethealth.org/aquablationevent.

September and October Attendance Winner

At Garnet Health, we deeply appreciate our team members who show up every day to keep our organization running smoothly and to support one another. That's why we're proud to offer a great **Perfect Attendance Incentive Program!**

Congratulations to our **September 2025 Perfect Attendance winner, Kristin Johannes**, Lead Lab Technologist, Laboratory Department at Garnet Health Medical Center – Catskills, Callicoon Campus. Kristin was awarded \$1,514.50 for achieving perfect attendance in September's monthly incentive program!

And congratulations to our **October 2025 Perfect Attendance winner, Simone Haynes Powell**, Guest Service Associate. Simone was awarded \$1,481.50 for achieving perfect attendance in October's monthly incentive program!

Thank you, Kristin and Simone, for your commitment and reliability. We truly appreciate your dedication to showing up and making a difference!



100%

Kristin Johannes,
September Winner



100%

Simone Haynes,
October Winner

Garnet Health's Attendance Incentive Program provides all full- and part-time employees the opportunity to earn extra cash for perfect attendance. Each month, \$1 per employee who had perfect attendance the month prior will be added to an incentive pot. By random drawing, 50% of the monthly pot will be awarded to one of the employees who had perfect attendance. The remaining 50% will be contributed to the annual prize for those with perfect attendance throughout 2025. Additionally, three runners up, one from each entity, will receive a reserved parking space for three months.

To Date

Maintain perfect attendance throughout 2025 for a chance to win a growing **POT OF GOLD!** Through October, the annual pot of gold is up to



Food Farmacy

We Need Your Help!

Across the system, our Food Farmacy has provided food to inpatients and outpatients who have been screened as food insecure.

Garnet Health's Food Farmacy Program is an official member of the Hudson Valley Regional Food Bank and has received over 5,000+ pounds of food to support the growing demand.

However, the Food Bank cannot always provide personal care items, bottled water, toiletries, etc.



Please consider the donation of:

- Cases of 16oz bottled water
- Feminine hygiene products
- Deodorant
- Shampoo
- Conditioner
- Soap
- Toilet paper

Donation Contacts:

Garnet Health Medical Center
Maureen Roche | 845-333-0213
mroche1@garnethealth.org

Garnet Health Medical Center – Catskills
Jodi Goodman | 845-333-8785
jgoodman@garnethealth.org

For more information, please contact: **Delilah Socci** at dsocci@garnethealth.org

Symplr Workforce Mobile App

Shift Trade Can Help You Achieve Perfect Attendance!

Are you part of our clinical staff? If so, have you heard about the Symplr app? This tool makes shift trading simple, helping you avoid unscheduled absences and stay eligible for the monthly Perfect Attendance Award. Scan the QR code to get started today!



DOWNLOAD FROM THE APP STORE

Cashanova The 2025 Perfect Attendance Incentive Program's mascot!

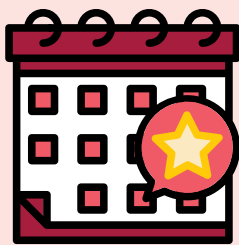


January Recognition Days 2025

Garnet Health is committed to being an inclusive organization that supports growth and innovation by providing an environment where employees, patients and visitors feel they belong.

We also recognize that having diverse backgrounds among our staff and providers contributes to better patient care.

Please join us in acknowledging the following national and/or worldwide recognitions.



January 3 | Buddhist Mahayana New Year

celebrated by many Mahayana communities on the first full moon of January to focus on reflection and renewal.

January 4 | UN World Braille Day

celebrates the importance of Braille for people who are blind or visually impaired.

January 6 | The Feast of the Epiphany

a Christian feast day that celebrates the star leading the three wise men to baby Jesus. The Feast of the Epiphany concludes the 12 days of Christmas and is the traditional end of the Christmas season.

January 7 | Coptic & Eastern Orthodox Christmas

observed by churches that follow the Julian calendar and marks the birth of Jesus Christ. Celebrations typically involve a long fasting period that ends on Christmas Day, and a focus on family and faith.

January 13 | Korean American Day

commemorates the arrival of the first group of Koreans in the United States in 1903, honoring those of Korean descent and the contributions they have made.

January 14 | Makar Sankranti

a Hindu festival that celebrates renewal, prosperity and the end of the winter solstice.

January 19 | Martin Luther King Jr. Day

celebrates a key leader of nonviolent activism in the Civil Rights Movement.

January 27 | International Day of Commemoration in Memory of Victims of the Holocaust

a United Nations holiday that remembers the approximately 6 million Jews murdered during World War II.

SAVE THE DATE

2026 EVENTS

Garnet Health
Foundation Sporting Clays
Tournament
June 5

Garnet Health
Medical Center - Catskills
Golf Classic
July 15

Garnet Health Medical
Center Golf Classic
September 14

Garnet Health Foundation
Annual Donor Reception
October 15



Garnet Health Medical Center January Auxiliary Vendor Sales

Want to shop and do some good at the same time? Throughout January, we're welcoming vendors to showcase their merchandise. A percentage of vendor sales will support the Garnet Health Medical Center Auxiliary, a group of community volunteers dedicated to enhancing patient programs and services at the hospital. All vendors will be located in the lobby of the ground-floor level unless otherwise noted.

January Vendor Dates

1/7	A Stylish Bling	1/21	Carol's Handmade Designs
1/8	Northern Medical	1/23	Silver Dollar Boutique
1/12	Carol's Handmade Designs	1/28	John's Jewelry Box
1/13	You're Nutz	1/29	Personally Yours
1/15	Scrubs Nyack	1/30	Farmhouse Sourdough Breads
1/16	Scrubs Nyack		
1/20	Northern Medical		

Gems Newsletter

Produced by Garnet Health Marketing & Corporate Communications.
For more information, email dmontes@garnethealth.org or call (845) 333-2391.

garnethealth.org